

B-VITAMINS play a pivotal role in overall health and wellbeing. B-vitamins are considered to be the building blocks of a healthy, functioning body, encouraging positive energy levels, cellular function, brain and heart health.* Swolverine's B-COMPLEX tablets contain a robust amount of B-vitamins, in addition to Choline, Inositol, and Biotin, which are beneficial branches of the B-Vitamin family.

SUGGESTED USE 1 tablet daily preferably with a meal or as directed by a healthcare professional.

CAUTION Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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B-COMPLEX

VITAMIN B COMPLEX + BIOTIN + CHOLINE + INOSITOL

**SUPPORTS
ENERGY*
BRAIN HEALTH*
HEART HEALTH***

30
TABLETS

SWOLVERINE

Supplement Facts

Serving Size 1 Tablet
Servings Per Container: 30

Amount Per Serving	%Daily Value	
Thiamin (as thiamin mononitrate)	100 mg	8,333%
Riboflavin	100 mg	7,692%
Niacin (as niacinamide)	100 mg	625%
Vitamin B-6 (as pyridoxine HCl)	100 mg	5,882%
Folate	670 mcg DFE (400 mcg folic acid)	167%
Vitamin B-12 (as cyanocobalamin)	100 mcg	4,167%
Biotin	100 mcg	333%
Pantothenic Acid (as calcium pantothenate)	100 mg	2,000%
Choline (as choline bitartrate)	40 mg	8%
Inositol	100 mg	**
para-Aminobenzoic acid	100 mg	**

**Daily Value not established.

Other ingredients: Calcium carbonate, vegetable stearic acid, croscarmellose sodium, vegetable magnesium stearate, hydroxypropyl methylcellulose, silicon dioxide, watercress powder and parsley leaf powder.

Manufactured for:
Swolverine
12709 E. Mirabeau Pkwy.
BLD A, STE 300
Spokane Valley, WA 99216
Sourced from a GMP certified facility. Formulated in USA.

