

PRODUCT INFORMATION:

One tablet typically provides:

Kelp (dried and powdered) providing 150-360µg iodine	300mg	%NRV*
		100-240

*NRV = Nutrient Reference Value

INGREDIENTS: Natural kelp powder†, bulking agent: potato maltodextrin; anti-caking agent: stearic acid; anti-caking agent: silicon dioxide. †May contain naturally occurring fish and crustacea.

FREE FROM: Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, soya, sugar, wheat, yeast.

HIGHER NATURE®

HEALTHY LIFESTYLE

OCEAN KELP

Natural source
of iodine



180 tablets
vegetarian and vegan

This product has not been tested on animals.

OCEAN KELP**FOOD SUPPLEMENT - 180 TABLETS**

- ✓ Iodine contributes to normal production of thyroid hormones and normal thyroid function
- ✓ Iodine contributes to maintenance of normal skin
- ✓ Iodine contributes to normal energy yielding metabolism

DIRECTIONS: Take 1-2 tablets a day with meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING: Consult your doctor if you are under medical supervision.

STORAGE: Store in a cool, dry place out of reach of children.

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