

Suggested Use:

Take 2 capsules daily.

Consult your doctor before giving to children under four, if you are pregnant or lactating, if you have kidney problems or an obstructed bowel, or if you are currently on medication.

Experience CALM:

You may notice muscles relaxing and an overarching sense of calmfulness.*

Multi-award-winning Natural Vitality CALM™, developed by Peter Gillham, is the best-selling magnesium supplement in the natural products market. (April 2019 Volume sales data for Natural Products market as defined by SPINS)

This proprietary formula contains highly absorbable, water-soluble magnesium in glycinate form.*

Why magnesium?

We all encounter stress daily whether we realize it or not, and our bodies can respond by depleting our magnesium levels. Natural Vitality CALM™ helps replenish the body's magnesium levels.*

Enjoy the wave of calmfulness provided by these vegetarian capsules which contain highly absorbable and easier-on-the-stomach magnesium glycinate. Also formulated with lavender and lemon balm, ingredients traditionally used for their relaxing effect.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

The Anti-Stress Capsule

NATURAL VITALITY CALM™

MAGNESIUM GLYCINATE CAPSULES



Made with
Lavender & Lemon Balm



240 Vegetarian Capsules • Dietary Supplement

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 120

	Amount Per Serving	% DV
Vitamin B6 (as pyridoxal-5-phosphate)	1.7 mg	100%
Magnesium (as magnesium glycinate)	400 mg	95%
Lemon balm (leaf) extract	200 mg	†
English lavender (flower) essential oil	6 mg	†

† Daily Value (% DV) not established.

Other ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, silica, and magnesium stearate.

Manufactured by Nature's Products, Inc
for Nutranext Business, LLC,
1301 Sawgrass Corporate Parkway,
Sunrise, FL 33323

1-866-416-9216 • naturalvitality.com

WARNING: KEEP OUT OF REACH OF CHILDREN

Contains no added sugar, fructose, or artificial colors or flavors

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