

Suggested Use:

For ages 13 years and older: Before bedtime, take one serving (two gummies).

Not recommended for long-term use, or use in children under 4, or while pregnant or lactating. Consult your doctor before use in children, if you are experiencing long-term sleep difficulties, if you have kidney problems or an obstructed bowel, or if you are currently on medication. Do not drive or operate machinery when taking this product.

Why Natural Vitality CALM® Sleep Gummies?

Natural Vitality CALM® Sleep Gummies were developed specifically for those times we need sleep support.* They feature Natural Vitality CALM® along with L-Theanine (a relaxing amino acid) and melatonin, which helps the body ease into a restful sleep.*

Multi-award-winning Natural Vitality CALM®, developed by Peter Gillham, is the best-selling magnesium supplement in the natural products market. (December 2019 Volume sales data for Natural Products market as defined by SPINS)

Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NATURAL VITALITY CALM

A Magnesium Supplement with
MELATONIN • L-THEANINE
For a Good Night's Sleep

Sleep GUMMIES



Blueberry Pomegranate Flavor

with other natural flavors

60 Gummies • Dietary Supplement

Supplement Facts

Serving Size: 2 Gummies

Servings Per Container: 30

	Amount Per Serving	%DV
Calories	15	
Total Carbohydrate	3 g	1%*
Total Sugars	2 g	†
Includes 2 g Added Sugars		5%*
Magnesium (as magnesium citrate)	50 mg	12%
L-Theanine	50 mg	†
Melatonin	3 mg	†

* Percent Daily Values (DV) are based on a 2000 calorie diet

† Daily Value (DV) not established

Other ingredients: Organic cane sugar, organic tapioca syrup, water, bovine gelatin, citric acid, fruit and vegetable juice (color), natural flavors.

Manufactured by Nature's Products, Inc. for
Nutanext Business, LLC, 1301 Sawgrass Corporate
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1-866-416-9216 • www.naturalvitality.com

Contains no dairy, egg, soy, wheat or
artificial flavors.

Store in a cool, dry place, away from heat
and direct sunlight.

Remove and discard label before recycling.†



GLUTEN-FREE



RECYCLABLE
BOTTLE & CAP



NV4208 • LB-NV-GM0045-060