Suggested Usage: Begin with 1/2 teaspoon daily added to water or juice. Gradually increase quantity up to 2 teaspoons daily, as desired. For maintenance use, consume 1/2 teaspoon daily.

NutraFlora® FOS is a pleasant-tasting fiber comprised of concentrated fructooligosaccharides (FOS), a non-digestible carbohydrate that aids the growth of beneficial intestinal bacteria such as *Bifidus* and *Acidophilus*.*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not eat freshness packet enclosed.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

CODE 2942 V4







Digestive

Family owned since 1968.

Supplement Facts

Serving Size 2 Teaspoons (approx. 5 g) Servings Per Container about 23

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	5 g	2%**
Dietary Fiber	5 g	18%**
FOS Powder (Fructooligosaccharides) (Nuti	5 g (5,000 mg) raFlora®)	†

^{**} Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: None.

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Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NutraFlora® is a registered trademark of GTC Nutrition. This product is sold by weight not volume.