

Recommended Use for Adults:

Start out with a half teaspoon of Natural Vitality CALM™ for Muscles powder daily, gradually increasing to two rounded teaspoons per day as needed. Individual needs may vary.

Directions:

Start by placing the desired amount of powder into a cup or mug, add 2-3 ounces of warm water and let your drink fizz. Stir the drink until the powder is completely dissolved, then fill the remainder of the cup with warm or cold water.

Consult your doctor before giving to children under four, if you are pregnant or lactating, if you have kidney problems or an obstructed bowel, or if you are currently on medication.

Experience CALM:

You may notice muscles relaxing and an overarching sense of calmfulness.*

Multi-award-winning Natural Vitality CALM™, developed by Peter Gillham, is the best-selling magnesium supplement in the natural products market. (April 2019 Volume sales data for Natural Products market as defined by SPINS)

Why Natural Vitality CALM™ for Muscles?

Natural Vitality™ designed Natural Vitality CALM™ for Muscles as magnesium supports healthy muscle function. We developed a unique formula, consisting of magnesium, L-carnitine, bromelain and beetroot powder, to help support healthy magnesium levels. Magnesium plays an important role in maintaining normal muscle physiology.*

We invite you to enjoy our delicious watermelon flavored drink and enjoy the wave of calmfulness.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

The Anti-Stress Drink Mix*

NATURAL VITALITY
CALM
A MAGNESIUM SUPPLEMENT

Muscles

Watermelon Flavor
with other natural flavors
Net Wt. 6 oz (170 g)

**Supplement Facts**

Serving Size: 2 teaspoons (6.3 g)
Servings Per Container: About 27

	Amount per Serving	% DV
Magnesium (as magnesium carbonate)	300 mg	71%
L-carnitine L-tartrate	1 g	†
Bromelain (17 GDU)	209 mg	†
Organic beet powder (root)	200 mg	†

†Daily Value (DV) not established.

Other ingredients: Citric acid, organic watermelon flavor with other natural flavors, organic stevia (leaf) extract.

Manufactured by Nature's Products, Inc.
for Nutranext Business, LLC
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1-866-416-9216 • www.naturalvitality.com

Contains no artificial color or flavor.



Keep out of reach of children. Amount of product in bottle is based on weight. Some settling may occur.

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Bottle made with 100% post-consumer recycled plastic.



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