**Suggested Usage:** Take 2 capsules 1 to 2 times daily, preferably with food.

Red yeast rice is a natural product that has been used by Asian traditional herbalists since approximately 800 A.D. Produced by fermenting red yeast (Monascus purpureus) with white rice, red yeast rice is commonly used in cooking applications to enhance the color and flavor of foods. Peking duck is an example of the coloration and flavor imparted by red yeast rice. NOW® Red Yeast Rice is carefully produced to avoid the presence of citrinin, an unwanted by-product of the fermentation process.

WARNING: Do not use if you are pregnant, may become pregnant, or are breastfeeding, because using this product may harm the fetus. For adults only. Consult physician if taking medication (especially statins) or have a medical condition including a history of statin-intolerance or liver disease. Keep out of reach of children. If muscle

> complaints occur, discontinue use and consult a physician.









## **General Health**

Family owned since 1968.

## **Supplement Facts**

Serving Size 2 Veg Capsules Servings Per Container 120

## **Amount Per Serving**

Organic Red Yeast Rice (Monascus purpureus) 1.2 g (1,200 mg)\*

\* Daily Value not established.

Other ingredient: Vegetable Polysaccharide (capsule).

Manufactured & Quality Tested by NOW FOODS 395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA nowfoods.com

Certified Organic by QAI.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.