

Suggested Usage: Take 1 tablet daily with a meal.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



Daily Vits™

Multi Vitamin & Mineral

- One Tablet Daily
- With Lutein & Lycopene

250 Tablets

A Dietary Supplement **Vegetarian/Vegan**



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (100% as Beta-Carotene)	1,050 mcg	117%
Vitamin C (as Ascorbic Acid)	60 mg	67%
Vitamin D (as Ergocalciferol)	10 mcg (400 IU)	50%
Vitamin E (as d-alpha Tocopheryl Succinate)	20 mg	133%
Thiamin (Vitamin B-1) (from Thiamin HCl)	1.5 mg	125%
Riboflavin (Vitamin B-2)	1.7 mg	131%
Niacin (Vitamin B-3) (as Niacinamide)	20 mg	125%
Vitamin B-6 (from Pyridoxine HCl)	2 mg	118%
Folate (400 mcg folic acid)	680 mcg DFE	170%
Vitamin B-12 (as Methylcobalamin)	6 mcg	250%
Biotin	300 mcg	1000%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate)	10 mg	200%
Calcium [from Calcium Carbonate (Aquamin® TG Seaweed Derived Minerals)]	150 mg	12%
Iron (from Ferrous Bisglycinate) (Ferrochel™)	9 mg	50%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Oxide and Aquamin® TG Seaweed Derived Minerals)	75 mg	18%
Zinc (from Zinc Bisglycinate) (TRAACS™)	15 mg	136%
Selenium (from L-Selenomethionine)	35 mcg	64%
Copper (from Copper Bisglycinate) (TRAACS™)	1 mg	111%
Manganese (from Manganese Bisglycinate) (TRAACS™)	2 mg	87%

Chromium (from Chromium Picolinate)	60 mcg	171%
Molybdenum (from Sodium Molybdate)	35 mcg	78%
Potassium (from Potassium Chloride)	40 mg	1%
Lutein (from Marigold Flowers Extract) (Tagetes erecta) (FloraGLO®)	100 mcg	†
Lycopene (from Tomato Extract)	100 mcg	†

† Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid (vegetable source), Vegetarian Coating and Silicon Dioxide.

Vitamin E from non-GMO soy.

Manufactured & Quality Tested by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

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Natural color variation may occur in this product.

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CODE 3771E V15

TABLET SIZE

