

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (100% as Beta-Carotene)	3,500 IU	70%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as Ergocalciferol)	400 IU	100%
Vitamin E (as d-alpha-Tocopheryl Succinate)	30 IU	100%
Thiamin (Vitamin B-1) (from Thiamin HCl)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (Vitamin B-3) (as Nicotinamide)	20 mg	100%
Vitamin B-6 (from Pyridoxine HCl)	2 mg	100%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Methylcobalamin)	5 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate)	10 mg	100%
Calcium (from Calcium Carbonate (Aquamin® TG Seaweed Derived Minerals))	150 mg	15%
Iron (from Ferrous Bisglycinate (Ferrochel®))	8 mg	120%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Oxide and Aquamin® TG Seaweed Derived Minerals)	75 mg	15%
Zinc (from Zinc Bisglycinate) (TRACSto®)	15 mg	100%
Selenium (from L-Selenomethionine)	55 mcg	100%
Copper (from Copper Bisglycinate) (TRACSto®)	1 mg	100%
Manganese (from Manganese Bisglycinate) (TRACSto®)	2 mg	100%

Chromium (from Chromium Picolinate)	80 mcg	50%
Molybdenum (from Sodium Molybdate)	35 mcg	47%
Potassium (from Potassium Chloride)	40 mg	1%
Lutein (from Marigold Flowers Extract) (Zeaxanthin) (FloraGLO®)	100 mcg	†
Lycopene (from Natural Tomato Extract)	150 mcg	†

† Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid (vegetable source), Vegetarian Coating and Silicon Dioxide.

Vitamin E from non-GMO soy.

Manufactured & Quality Tested by NOW FOODS
395 S. Glen Elyn Rd., Bloomington, IL 61710, USA
nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

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Natural color variation may occur in this product.



Daily Vits™

Multi Vitamin & Mineral

- One Tablet Daily
- With Lutein & Lycopene

100 Tablets

A Dietary Supplement Vegetarian/Vegan



Suggested Usage: Take 1 tablet daily with a meal.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

TABLET SIZE

CODE 3770E VTS

