



EcoGreen Multi

With Green Superfoods

Iron-Free

90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Suggested Usage: Take 2 capsules daily with food.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

TRAACS™ is a trademark of Albion Laboratories, Inc. 7

CAPSULE SIZE



33739103787

9 CODE 3787Z V10

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

| | Amount Per Serving | % Daily Value |
|---|----------------------------------|---------------|
| Vitamin A (100% as Beta-Carotene) | 3,750 mcg | 417% |
| Vitamin C (from Calcium Ascorbate) | 250 mg | 278% |
| Vitamin D (as Ergocalciferol) | 2.5 mcg (100 IU) | 13% |
| Vitamin E (from d-alpha Tocopheryl Succinate) | 67 mg | 447% |
| Thiamin (Vitamin B-1) (from Thiamin HCl) | 25 mg | 2083% |
| Riboflavin (Vitamin B-2) | 25 mg | 1923% |
| Niacin (Vitamin B-3) (as Niacinamide) | 25 mg | 156% |
| Vitamin B-6 (from Pyridoxine HCl) | 25 mg | 1471% |
| Folate | 680 mcg DFE (400 mcg folic acid) | 170% |
| Vitamin B-12 (as Cyanocobalamin) | 100 mcg | 4167% |
| Biotin | 50 mcg | 167% |
| Pantothenic Acid (from Calcium Pantothenate) | 25 mg | 500% |
| Choline (from Choline Bitartrate) | 25 mg | 5% |
| Calcium (from Calcium Ascorbate, Carbonate and Citrate) | 50 mg | 4% |
| Iodine (from Kelp) | 75 mcg | 50% |
| Magnesium (from Mag. Oxide and Citrate) | 50 mg | 12% |
| Zinc (from Zinc Picolinate) | 7.5 mg | 68% |
| Selenium (from L-Selenomethionine) | 25 mcg | 45% |
| Copper (from Copper Bisglycinate) (TRAACS™) | 0.25 mg | 28% |
| Manganese (from Manganese Bisglycinate) (TRAACS™) | 2.5 mg | 109% |
| Chromium (from Chromium Picolinate) | 50 mcg | 143% |

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| Molybdenum (from Sodium Molybdate) | 25 mcg | 56% |
| Potassium (from Potassium Chloride) | 12.5 mg | <1% |
| Organic Spirulina | 125 mg | † |
| Organic Chlorella (Broken Cell Wall) | 50 mg | † |
| Alfalfa Juice Concentrate | 50 mg | † |
| Green Tea Extract (Leaf) | 25 mg | † |
| Inositol | 25 mg | † |
| PABA (Para-Aminobenzoic Acid) | 15 mg | † |
| Panax Ginseng (Root) | 50 mg | † |
| Citrus Bioflavonoid Complex | 25 mg | † |
| Rutin Powder (Sophora japonica) (Flower Bud) | 12.5 mg | † |
| Bromelain (2400 GDU/g) (from Pineapple) | 20 mg | † |
| Papain (2000 USP/mg) (from Papaya) | 12.5 mg | † |
| Protease Blend (2000 SAP/g & 200 LAP/g) | 12.5 mg | † |
| Lipase (80,000 LU/g) | 12.5 mg | † |
| Amylase (5000 SKB/g) | 5 mg | † |

† Daily Value not established.

Other ingredients: Hypromellose (cellulose), Magnesium Stearate (vegetable source), Microcrystalline Cellulose and Stearic Acid (vegetable source).

Vitamin E from non-GMO soy. Manufactured & Quality Tested by Albion Laboratories, Inc., Bloomington, IL 61810, USA. nowfoods.com

Not manufactured with wheat, gluten, milk, eggs, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

