

Suggested Use: As a dietary supplement, men take 3 capsules and women take 2 capsules daily (preferably on an empty stomach, 30-60 minutes before bedtime or pre-workout) or as directed by a healthcare professional. For best results avoid taking with dairy or other calcium-containing foods or supplements.

Warning: Keep out of reach of children. Do not exceed recommended dose. Do not use if outer seal is broken or damaged. If you have a bad reaction to product discontinue use immediately. When using nutritional supplements, please consult a physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating. Store tightly closed in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Developed and Distributed by M.D. Logic:
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1-877-629-8711 www.mdlogicsports.com
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MD
logic[™]

ZMA[®]

ZINC, MAGNESIUM, AND VITAMIN B6

MUSCLE STRENGTH AND POWER*

90 CAPSULES

DIETARY SUPPLEMENT | MICRONUTRIENT SUPPORT

Supplement Facts

Serving Size: 3 Capsules for men (2 capsules for women)

Serving per Container: 30 for men (45 for women)

	Per 3 capsules		Per 2 capsules	
	Amount Per Serving	% Daily Value**	Amount Per Serving	% Daily Value**
Vitamin B6 (as pyridoxine HCl)(from ZMA [®])*	10.5 mg	525%	7 mg	350%
Magnesium (as magnesium aspartate) (from ZMA [®])*	450 mg	113%	300 mg	75%
Zinc (as zinc mono-L-methionine sulfate, as zinc aspartate)(from ZMA [®])*	30 mg	200%	20 mg	133%

**Based on 2,000 calorie daily diet

Other Ingredients:

Gelatin, magnesium stearate and microcrystalline cellulose.

This product contains NO milk, egg, fish, peanuts,
crustacean shellfish (lobster, crab or shrimp), soybeans,
tree nuts, wheat, gluten or yeast.