

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 6 tablets daily with food or as directed by your health professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

Warning: If you are pregnant, nursing, have any health condition or taking any medication, particularly blood thinners, consult your health professional before using this product. Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

OptiZinc® is a trademark of Lonza.

Ferronyl® is a registered trademark of Ashland Inc.

Store in a cool, dry place. Use only if safety seal is intact.

Gluten-free, Non-GMO

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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Formula #202663 V1

Ultra Preventive® III

Multivitamin/Mineral Formula

with Copper & Iron

Dietary Supplement

Daily wellness[†]



180 Tablets

Supplement Facts

Serving Size 6 Tablets • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A.....7,500 mcg	833%	Magnesium (as magnesium citrate/ amino acid chelate complex).....350 mg	83%
(30% [2,250 mcg] as vitamin A acetate/ 70% [5,250 mcg] as beta-carotene)		Zinc (as OptiZinc® monomethionine).....25 mg	227%
Vitamin C (as ascorbic acid)1,000 mg	1,111%	Selenium (as selenium krebs ^{††})200 mcg	364%
Vitamin D ₃25 mcg (1,000 IU)	125%	Copper (as copper chelate)2 mg	222%
(as cholecalciferol)		Manganese (as manganese sulfate)3 mg	130%
Vitamin E134 mg	893%	Chromium200 mcg	571%
(as d-alpha tocopherol succinate)		(as chromium polynicotinate)	
Thiamine (as thiamine HCl)50 mg	4,167%	Molybdenum100 mcg	222%
Riboflavin40 mg	3,077%	(as molybdenum krebs ^{††})	
Niacin/Niacinamide190 mg	1,188%	Potassium99 mg	2%
Vitamin B ₆ (as pyridoxine HCl/ pyridoxal-5-phosphate complex)50 mg	2,941%	(as potassium chloride)	
Folate (as Metafolin®, L-5-MTHF)1,333 mcg DFE	333%	Betaine (as betaine HCl)100 mg	*
(800 mcg L-5-MTHF)		Inositol99 mg	*
Vitamin B ₁₂ (as methylcobalamin/ hydroxycobalamin/ adenosylcobalamin)180 mcg	7,500%	PABA (para-aminobenzoic acid).....50 mg	*
Biotin300 mcg	1,000%	Boron (as boron citrate)1.5 mg	*
Pantothenic Acid100 mg	2,000%	Trace Elements.....100 mcg	*
(as d-calcium pantothenate)		(from seawater)	
Choline (from choline bitartrate).....100 mg	18%	Vanadium (as vanadium krebs ^{††}).....50 mcg	*
Calcium (as calcium citrate/ amino acid chelate complex)350 mg	27%	Vitamin K ₂ (as menaquinone-7)45 mcg	*
Iron (as Ferronyl®, carbonyl iron).....20 mg	111%		
Iodine (from potassium iodide).....200 mcg	133%		

*Daily Value (DV) not established

Other ingredients: Microcrystalline cellulose, hydroxypropyl cellulose, croscarmellose sodium, coating [purified water, hypromellose, glycerin], ascorbyl palmitate and silica

^{††}Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex