

DIRECTIONS: As a dietary supplement, take 3 tablets three times daily, with 8 oz. of water or juice, preferably with or after meals. **Swallow, do not chew.**

High fiber "FIBER-TABS" are a natural blend of water soluble oat bran in a convenient, easy to swallow tablet. "FIBER-TABS" are a natural, drug free product you can use as often as you like.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

CAUTION: If you are pregnant or nursing do not take this product.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

WATER
SOLUBLE
FIBER

dc[®]

#258

Q[®]
Quali[®]

FIBER-TABS[™]

**OAT BRAN
TABLETS**

New
Improved
Formula

Dietary Supplement

TABLETS

Supplement Facts

Servings Size 3 Tablets
Servings Per Container

Amount Per Serving	% DV
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Calories	10
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Total Carbohydrates.....	2 g.....	1%*
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Oat Bran (aerial).....	2550 mg	**
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* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Vegetable cellulose, vegetable stearic acid, silica.

Manufactured by: **Dee Cee Laboratories, Inc.®**
304 Dee Cee Rd., White House, TN 37188
Made in USA

Rev. #04