Suggested Usage: As a dietary supplement, adults take 1 capsule daily on an empty stomach or as directed by your health professional.

Warning: If you are pregnant, nursing, have any health condition or taking any medication, consult your health professional before

using this product.

Lactium® is a registered trademark used under license.

Suntheanine® is a registered trademark of Taiyo International Inc. KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #201348 V2

Sereniten Plus

Dietary Supplement

Stress management and metabolic support[‡]



60 Vegetarian Capsules

Supplement Facts
Serving Size 1 Vegetarian Capsule

Servings Per Container 60	
Amount Per Serving	%DV
Vitamin D ₃ 2.5 mcg (100 IU) (as cholecalciferol)	13%
Casein Decapeptide 175 mg (milk, Lactium®)	*
L-Theanine50 mg (Suntheanine®)	*

Other ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (capsule) and silica Contains: Milk

*Daily Value (DV) not established

Manufactured by: Douglas Laboratories 600 Boyce Road, Pittsburgh, PA 15205 www.douglaslabs.com 1.800.245.4440

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