



# ORGANIC WHEY PROTEIN

PROTEIN POWDER



NET WT. 1 LB. [454 G]



# ORGANIC WHEY PROTEIN

**SUGGESTED USAGE:** Add 1 level scoop daily to 8 oz. of cold water, milk, or your favorite juice. Stir or blend.

NOW® Certified Organic Whey Protein is a natural whey protein that is concentrated from organic milk, which was produced without the use of synthetic growth hormones (rBGH), antibiotics or pesticides. It is processed by low temperature ultrafiltration to limit denaturation of the proteins, and is both bioavailable and easily digested. Whey protein also has naturally occurring branched-chain amino acids (BCAAs). These qualities make NOW® Certified Organic Whey Protein ideal for active individuals seeking the most natural and wholesome milk protein for themselves and their families.

Whey protein is considered to have the highest biological value (BV) of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

**NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

Natural color variation may occur in this product.

## Nutrition Facts

About 19 servings per container

**Serving size 1 level scoop (24g)**

**Amount per serving**

**Calories 100**

**% Daily Value\***

**Total Fat 1.5g 2%**

**Saturated Fat 1g 5%**

**Trans Fat 0g**

**Cholesterol 50mg 17%**

**Sodium 40mg 2%**

**Total Carbohydrate 1g <1%**

**Dietary Fiber 0g 0%**

**Total Sugars 1g**

**Includes 0g Added Sugars 0%**

**Protein 19g 38%**

**Vit. D 0mcg 0% • Calcium 96mg 8%**

**Iron 0.2mg 2% • Potas. 111mg 2%**

**\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.**

**INGREDIENT:** ORGANIC WHEY PROTEIN CONCENTRATE.

CONTAINS MILK.

QUALITY TESTED & PACKAGED BY:  
NOW FOODS, 395 S. GLEN ELLYN RD.  
BLOOMINGDALE, IL 60108, USA  
nowsportsproducts.com

Certified Organic by QAI.

Not manufactured with yeast, wheat, gluten, soy, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.

| Typical Amino Acid Profile (example) (per serving)** |                |                           |                |
|------------------------------------------------------|----------------|---------------------------|----------------|
| Essential Amino Acids                                | mg Per Serving | Non-Essential Amino Acids | mg Per Serving |
| L-Histidine                                          | 360            | L-Alanine                 | 1008           |
| L-Isoleucine***                                      | 1104           | L-Arginine                | 504            |
| L-Leucine***                                         | 2112           | L-Aspartic Acid           | 2112           |
| L-Lysine                                             | 1920           | L-Cystine                 | 480            |
| L-Methionine                                         | 432            | L-Glutamic Acid           | 3384           |
| L-Phenylalanine                                      | 648            | Glycine                   | 360            |
| L-Threonine                                          | 1224           | L-Proline                 | 1224           |
| L-Tryptophan                                         | 384            | L-Serine                  | 1008           |
| L-Valine***                                          | 1056           | L-Tyrosine                | 624            |

\*\*subject to natural variability

\*\*\*Branched-Chain Amino Acids

Code 2205N v6