

## PRODUCT INFORMATION

Three capsules typically provide:

|                                                                      |        | %NRV* |
|----------------------------------------------------------------------|--------|-------|
| Vitamin C                                                            | 90mg   | 113   |
| Iron                                                                 | 2.1mg  | 15    |
| Zinc                                                                 | 3mg    | 30    |
| Copper                                                               | 380µg  | 38    |
| Collagen hydrolysate (marine, non shark)                             | 1200mg |       |
| MSM                                                                  | 150mg  |       |
| Gotu kola extract 4:1<br>(equivalent to gotu kola powder 840mg)      | 210mg  |       |
| Aloe vera extract 200:1<br>(equivalent to aloe vera powder 15,000mg) | 75mg   |       |
| Chlorophyll                                                          | 30mg   |       |
| Horsetail extract 4:1<br>(equivalent to horsetail powder 30mg)       | 7.5mg  |       |

\*NRV = Nutrient Reference Value

**INGREDIENTS:** Hydrolysed marine collagen (from **fish** [tilapia, catfish and pangasus catfish]), capsule: hydroxypropyl methylcellulose; *centella asiatica* extract (gotu kola), methylsulphonyl methane, vitamin C, aloe vera extract, chlorophyllin, natural horsetail extract, anti-caking agent: magnesium stearate; anti-caking agent: silicon dioxide; anti-caking agent: stearic acid; zinc citrate, ferrous sulphate, copper gluconate. (Allergens in **bold**)

**FREE FROM:** Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, soya, starch, sugar, wheat, yeast. This product has not been tested on animals.

HIGHER  
NATURE®

AETERNA GOLD

BEAUTY FROM WITHIN

collagen  
beauty capsules

for radiant & youthful  
looking skin

90 capsules  
one month's supply

COLLAGEN BEAUTY  
90 CAPSULES  
FOOD SUPPLEMENT

- ✓ 10 skin-loving nutrients to nourish skin
- ✓ With hydrolysed marine collagen for easy absorption
- ✓ Gotu kola supports skin hydration
- ✓ With vitamin C for normal collagen formation for the skin
- ✓ Copper and zinc help protect cells from oxidative stress, to help target the visible signs of ageing
- ✓ With horsetail extract, which contains silica

**DIRECTIONS:** Adults take 3 capsules before bed. As an optional extra also take 3 in the morning for the first month. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Store in a cool, dry place out of reach of children.

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