

Other ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, hydroxypropyl cellulose, ascorbyl palmitate and silica

*Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 8 vegetarian capsules daily or as directed by your health professional. This product is best taken with meals.

Warning: Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use. Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers. Consult a health professional prior to use if you are taking blood thinners. Take with food. If you have liver problems, consult your health professional before use.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

OptiZinc® is a trademark of Lonza

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.

Gluten-free, Non-GMO

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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Formula #202346 V4

Ultra Preventive® X

Dietary Supplement

Signature multivitamin/mineral with fruits and vegetables for daily wellness*



240 Vegetarian Capsules

Supplement Facts

Serving Size 8 Vegetarian Capsules • Servings Per Container 30

	Amount Per Serving	%DV		Amount Per Serving	%DV
Vitamin A (as 67% natural beta-carotene and 33% Vitamin A palmitate).....	2,250 mcg	250%	Lemon Bioflavonoids	50 mg	*
Vitamin C (as ascorbic acid).....	500 mg	556%	Papain (from <i>Carica papaya</i> , fruit).....	50 mg	*
Vitamin D ₃ (as cholecalciferol).....	12.5 mcg (500 IU)	63%	Bromelain (from <i>Anana comosus</i> , pineapple stem).....	25 mg	*
Vitamin E (as natural d-alpha tocopheryl..... succinate plus mixed tocopherols)	67 mg	447%	Grape Seed Extract.....	25 mg	*
Thiamine (as thiamine HCl).....	50 mg	4,167%	[standardized to 95% polyphenols]		
Riboflavin (as riboflavin/riboflavin-5-phosphate).....	25 mg	1,923%	Alpha Lipoic Acid	25 mg	*
Niacin/Niacinamide	95 mg	594%	Rutin (from <i>Sophora japonica</i> , flower).....	12.5 mg	*
Vitamin B ₆ (as pyridoxine HCl/pyridoxal-5-phosphate)...	50 mg	2,941%	Boron (as boron glycinate).....	1.5 mg	*
Folate (as Metafolin®, L-5-MTHF).....	667 mcg DFE (400 mcg L-5-MTHF)	167%	Vanadium (as vanadium krebs**)	25 mcg	*
Vitamin B ₁₂ (as methylcobalamin/adenosylcobalamin/hydroxocobalamin).....	250 mcg	10,417%	Vitamin K ₂ (as menaquinone-7).....	22.5 mcg	*
Biotin.....	150 mcg	500%	Proprietary Organic Fruit and Vegetable Blend	350 mg	*
Pantothenic Acid (as d-calcium pantothenate).....	50 mg	1,000%	Organic Beet Powder (root), Organic Carrot Powder (root), Organic Black Currant powder (fruit), Organic Blueberry Powder (fruit), Organic Broccoli Powder (whole plant), Organic Concord Grape Powder (fruit), Organic Collard Greens Powder (leaf), Organic Pomegranate Powder (fruit), Organic Green Cabbage Powder (whole plant), Organic Cranberry Powder (fruit), Organic Kale Powder (whole plant), Organic Parsley Powder (whole plant), Organic Raspberry Powder (fruit), Organic Spinach Powder (whole plant)		
Choline (from choline bitartrate).....	137.5 mg	25%	Organic Phytonutrient Blend		
Calcium (as calcium citrate/..... malate/chelate complex)	210 mg	16%	Organic Spirulina (whole plant)	50 mg	*
Iodine (from kelp).....	100 mcg	67%	Organic Chlorella (whole plant, broken cell wall).....	50 mg	*
Magnesium	210 mg	50%	Organic Green Tea Leaf Extract	25 mg	*
[as magnesium citrate/chelate complex]			[standardized to 50% polyphenols, 20% EGCG]		
Zinc (as OptiZinc®, monomethionine).....	12.5 mg	114%	Carotenoids		
Selenium (as selenomethionine).....	100 mcg	182%	Lutein	5 mg	*
Copper (as copper chelate).....	1 mg	111%	[from marigold (<i>Tagetes erecta</i>) flower extract]		
Manganese (as manganese sulfate).....	4.5 mg	196%	Lycopene (from tomatoes).....	3 mg	*
Chromium (as chromium polynicotinate).....	100 mcg	286%	Zeaxanthin Isomers	1 mg	*
Molybdenum (as molybdenum krebs**)	50 mcg	111%	[from marigold (<i>Tagetes erecta</i>) flower extract]		
Potassium (as potassium chloride).....	50 mg	1%			
N-Acetyl-L-Cysteine.....	75 mg	*			
Betaine HCl	75 mg	*			
Inositol	50 mg	*			
Quercetin (as dihydrate)	50 mg	*			

*Daily Value (DV) not established