

Manufactured by: Douglas Laboratories
600 Boyce Road, Pittsburgh, PA 15205
www.douglaslabs.com 1.800.245.4440

Suggested Usage: As a dietary supplement, adults take 6 tablets daily with food or as directed by your health professional.

Warning: If you are pregnant or nursing, or if you are taking any medications, consult your health professional before using this supplement. Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

OptiZinc® is a trademark of Lonza

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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Gluten free, Non-GMO

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #200571 V5

Ultra Preventive® Beta

Dietary Supplement

Multivitamin/mineral with beta-carotene for daily wellness†



180 Tablets

Supplement Facts

Serving Size 6 Tablets

Servings Per Container 30

	Amount Per Serving	%DV		Amount Per Serving	%DV
Vitamin A.....	4,500 mcg	500%	Selenium (as organic selenium.....	200 mcg	364%
(100% as natural beta-carotene)			from krebs** cycle and kelp)		
Vitamin C (as ascorbic acid)	1,200 mg	1,333%	Manganese.....	20 mg	870%
Vitamin D ₃	25 mcg (1,000 IU)	125%	(as manganese aspartate complex)		
(as cholecalciferol)			Chromium	200 mcg	571%
Vitamin E	268 mg	1,787%	(as chromium polynicotinate)		
(as vitamin E succinate)			Molybdenum	100 mcg	222%
Thiamine (as thiamine HCl)	100 mg	8,333%	(as molybdenum krebs**)		
Riboflavin	50 mg	3,846%	Potassium	99 mg	2%
Niacin/Niacinamide	190 mg	1,188%	(as potassium aspartate complex)		
Vitamin B ₆ (as pyridoxine	100 mg	5,882%			
HCl/pyridoxal-5-phosphate complex)			N-Acetyl-L-Cysteine/L-Cysteine.....	200 mg	*
Folate (as Metafolin®,	1,333 mcg DFE	333%	Betaine	114 mg	*
L-5-MTHF) (800 mcg L-5-MTHF)			(from betaine HCl)		
Vitamin B ₁₂ (as cyanocobalamin)	100 mcg	4,167%	Inositol	100 mg	*
Biotin	300 mcg	1,000%	Citrus Bioflavonoids Complex	100 mg	*
Pantothenic Acid	500mg	10,000%	PABA (para-aminobenzoic acid).....	50 mg	*
(as d-calcium pantothenate)			Glutamic Acid.....	20 mg	*
Choline (from choline citrate/bitartrate).....	60 mg	11%	L-Methionine.....	12.5 mg	*
Calcium	500 mg	38%	Boron	3 mg	*
(as calcium citrate/ascorbate complex)			(as boron aspartate/citrate complex)		
Iodine (from kelp)	200 mcg	133%	Trace Elements	100 mcg	*
Magnesium (as magnesium aspartate/	500 mg	119%	(from sea seawater)		
ascorbate complex)			Vanadium	50 mcg	*
Zinc.....	30 mg	273%			
(as OptiZinc® monomethionine)					

*Daily Value (DV) not established

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, silica, tablet coating (hypromellose, glycerin), and vegetable stearate

**Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex