

Manufactured by: Douglas Laboratories  
600 Boyce Road, Pittsburgh, PA 15205  
www.douglaslabs.com 1.800.245.4440

**Suggested Usage:** As a dietary supplement, adults take 2 tablets daily with food or as directed by your health professional. This product is best taken with meals.

**Warning:** If you are pregnant, nursing, have any health condition or are taking any medication, consult your health professional before using this product.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

\*\*PteroPure is a trademark of ChromaDex, Inc.

OptiZinc® is a trademark of Lonza

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



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Gluten Free, Non-GMO

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Formula #201344 V5

**ez Easy Swallow**  
Technology

# Ultra Preventive® 2 Daily

## Dietary Supplement

Comprehensive multivitamin/mineral with phytonutrients for daily wellness†

**DOUGLAS**  
LABORATORIES®

60 Tablets

## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 30

	Amount Per Serving	%DV		Amount Per Serving	%DV
Vitamin A.....	1,500 mcg	167%	Selenium.....	100 mcg	182%
(as natural beta-carotene)			(as selenium amino acid chelate)		
Vitamin C.....	120 mg	133%	Copper.....	1 mg	111%
(as ascorbic acid)			(as copper amino acid chelate)		
Vitamin D <sub>3</sub> [as cholecalciferol].....	25 mcg (1,000 IU)	125%	Chromium.....	120 mcg	343%
Vitamin E.....	67 mg	447%	(as chromium amino acid chelate)		
(as d-alpha tocopheryl succinate)			Molybdenum.....	100 mcg	222%
Thiamine.....	25 mg	2,083%	(as molybdenum amino acid chelate)		
(as thiamine HCl)			Potassium.....	30 mg	<1%
Riboflavin.....	10 mg	769%	(as potassium aspartate)		
(as riboflavin-5-phosphate)			Proprietary Blend.....	300 mg	*
Niacin/Niacinamide.....	30 mg	188%	Wild Blueberry Extract (fruit, <i>Vaccinium angustifolium</i> , standardized to 4% polyphenols), Strawberry Extract (fruit, <i>Fragaria vesca</i> , standardized to 2% polyphenols), Spinach Powder ( <i>Spinacia oleracea</i> , aerial parts)		
Vitamin B <sub>6</sub> .....	10 mg	588%	Inositol.....	25 mg	*
(as pyridoxal-5-phosphate)			Pterostilbene [PteroPure™**].....	10 mg	*
Folate [as Metafolin®, L-5-MTHF]....	667 mcg DFE	167%	Lutein.....	3 mg	*
(400 mcg L-5-MTHF)			Lycopene (natural).....	3 mg	*
Vitamin B <sub>12</sub> [as methylcobalamin].....	250 mcg	10,417%	Zeaxanthin.....	1 mg	*
Biotin.....	300 mcg	1,000%	Astaxanthin.....	1 mg	*
Pantothenic Acid.....	25 mg	500%			
(as d-calcium pantothenate)					
Choline (from choline bitartrate).....	60 mg	11%			
Calcium.....	50 mg	4%			
(as calcium citrate/malate complex)					
Iodine (from kelp).....	150 mcg	100%			
Magnesium [as magnesium citrate].....	25 mg	6%			
Zinc [as OptiZinc®, monomethionine].....	15 mg	136%			

Other ingredients: Microcrystalline cellulose, tablet coating [cellulose gum, dextrose, titanium dioxide, cellulose, magnesium silicate, caramel, glycerin, natural vanilla flavor], croscarmellose sodium, stearic acid, hydroxypropyl cellulose, and silica

\*Daily Value (DV) not established