



#848

GREEN SOURCE®

Whole Food Vitamin-Mineral Complex

Dietary Supplement

90 TABLETS

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 30

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as 100% beta carotene).....	2500 IU..... 50%	Fibered.....	100 mg..... *
Vitamin C (as L-ascorbic acid).....	120 mg..... 200%	(containing Omega-3 (12 mg), Omega-6 (4 mg))	
Vitamin D (as ergocalciferol).....	2000 IU..... 500%	Citrus Bioflavonoids Complex.....	50 mg..... *
Vitamin E (as d-alpha Tocopheryl acetate).....	30 IU..... 100%	(Citrus bioflavonoids (peel), Hesperidin complex (peel), Rutin, Quercetin)	
Thiamin (B-1) (as thiamin mononitrate).....	25 mg..... 1467%	Digestive Enzyme Blend.....	50 mg..... *
Riboflavin (Vitamin B-2).....	25 mg..... 1471%	(Papain (papaya enzyme), Betaine HCl, Bromelain (from pineapple), Amylase)	
Niacin (as niacinamide).....	25 mg..... 125%	Probiotic Blend.....	25 mg..... *
Vitamin B-6 (as pyridoxine HCl).....	25 mg..... 1250%	(L. acidophilus, L. brevis, L. bulgaricus)	
Folic Acid.....	400 mcg..... 100%	Green and Whole Food Blend.....	500 mg..... *
Vitamin B-12 (as cyanocobalamin).....	500 mcg..... 8333%	(Chlorella (plant), Apple Pectin (fruit), Spirulina (plant), Sodium Copper Chlorophyllin)	
Biotin (as d-Biotin).....	1000 mcg..... 333%	Herbal Blend.....	100 mg..... *
Pantothenic Acid (as calcium pantothenate).....	30 mg..... 300%	(Garlic (bulb), Echinacea (aerial), Ginger (root), Milk Thistle Extract (seed), Cayenne (fruit), Goldenseal (root))	
Calcium (as calcium carbonate).....	50 mg..... 5%	Vegetable Blend.....	100 mg..... *
Iron (as ferrous sulfate).....	18 mg..... 100%	(Broccoli, Extract of Cabbage, Brussels Sprout and Cauliflower, Parsley Pwd., Beet Root Pwd., Carrot Pwd., Asparagus Pwd.)	
Iodine (as kelp).....	150 mcg..... 100%	Fruit Blend.....	100 mg..... *
Magnesium (as magnesium oxide).....	25 mg..... 5%	(Grapefruit Extract, Apple Pwd. (fruit), Peach (fruit), Strawberry (fruit), Acai Extract (fruit), Cranberry (fruit), Bilberry Extract (fruit), Pomegranate Extract (peel), Pineapple (fruit), Noni Pwd. (fruit))	
Zinc (as zinc picolinate).....	10 mg..... 87%	Mushroom Blend.....	50 mg..... *
Selenium (as L-selenomethionine).....	25 mcg..... 36%	(Shiitake (aerial), Maitake (aerial), Reishi (aerial))	
Copper (as cupric gluconate).....	480 mcg..... 25%		
Manganese (as manganese gluconate).....	2 mg..... 100%		
Chromium (as chromium picolinate).....	100 mcg..... 83%		
Molybdenum (as sodium molybdate).....	51 mcg..... 68%		
Sodium.....	10 mg..... <1%*		
Potassium (as potassium gluconate).....	30 mg..... <1%*		
Choline Bitartrate (as choline bitartrate).....	10 mg..... *		
Inositol.....	10 mg..... *		
Boron (as sodium borate).....	1 mg..... *		
DNA (Deoxyribonucleic Acid).....	1 mg..... *		
RNA (Ribonucleic Acid).....	1 mg..... *		
Lutein.....	10 mcg..... *		

* Daily Value not established.

DIRECTIONS: As a dietary supplement, take three (3) tablets daily, preferably with a meal or as desired.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Suitable for Vegetarians/Vegans

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

Other Ingredients: Vegetable Cellulose, vegetable stearic acid, vegetable magnesium stearate, and silica. Non-GMO

CAUTION: If you are pregnant or nursing, consult your physician before taking this product. Avoid this product if you are allergic to sunflowers, ragweed or daisy-like flowers.

CONTAINS NO preservatives, sugar, starch, milk, lactose, gluten, wheat, yeast, fish, artificial color, flavor, or sweetener.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Distributed by: **Dee Cee Laboratories, Inc. ®**
304 Dee Cee Rd., White House, TN 37188
Made in USA

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