

Amount per UltraCap™	%DV**
Valerian (<i>Valeriana officinalis</i>) Root Extract standardized to contain 0.8% valerenic acids	50 mg **
PABA (para-aminobenzoic acid)	5 mg **

**Daily Value (DV) not established.

Other ingredients: vegetable capsule (modified cellulose), magnesium stearate, and silicon dioxide.

Physical stress can deplete important nutrients needed by the body. Stress Essentials® dietary supplement replenishes these nutrients for the nervous system (B vitamin complex) and for the adrenal glands (vitamin B6, pantothenic acid, vitamin C, and L-tyrosine).* This formula also includes key minerals such as calcium, magnesium, potassium, manganese, and zinc in a base of herbal extracts including valerian, passionflower, and Eleuthero.

Recommendations: Take 1 UltraCap daily.

Caution: May impair your ability to drive or operate heavy equipment. Due to additive sedative effect, avoid using with alcohol. If pregnant, nursing, or taking prescription drugs, consult your healthcare practitioner prior to use.

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, or preservatives. This product contains natural ingredients; color variations are normal.

Manufactured by an FDA-REGISTERED DRUG ESTABLISHMENT FOR
INTEGRATIVE THERAPEUTICS, INC. • GREEN BAY, WI 54311 USA
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†Chelated as citrate, fumarate, malate, succinate, and alpha ketoglutarate.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

EVIDENCE-BASED



integrative
THERAPEUTICS, INC.

STRESS ESSENTIALS®*

*Replenishes nutrients depleted
by physical stress**

90 ULTRACAPS™

Dietary Supplement

Supplement Facts

Serving Size 1 UltraCap™

Amount per UltraCap	%DV**
Vitamin C (ascorbic acid and from rose hips)	100 mg 167%
Thiamin (as thiamin HCl) (vitamin B1)	12 mg 800%
Riboflavin (vitamin B2)	12 mg 705%
Niacin	10 mg 50%
Vitamin B6 (as pyridoxine HCl)	15 mg 750%
Folic Acid	75 mcg 19%
Vitamin B12 (as cyanocobalamin)	25 mcg 417%
Biotin	100 mcg 33%
Pantothenic Acid (as calcium D-pantothenate)	20 mg 200%
Calcium (as calcium carbonate and calcium citrate)	50 mg 5%
Magnesium (as magnesium oxide)	30 mg 8%
Zinc (as zinc Krebs cycle chelates)†	1.5 mg 10%
Manganese (as manganese chelate)	5 mg 250%
Potassium (as potassium citrate)	25 mg 1%
L-Tyrosine	50 mg **
Chinese Skullcap (<i>Scutellaria baicalensis</i>) Root Extract 4:1	50 mg **
Eleuthero (<i>Eleutherococcus senticosus</i>) Root Extract 5:1	50 mg **
Hops (<i>Humulus lupulus</i>) Flower Extract 6.6:1	50 mg **
Inositol	50 mg **
Passionflower (<i>Passiflora incarnata</i>) Leaf and Flower Extract 4:1	50 mg **