

supplement facts

Serving Size: 1 level tbsp (9.2 g)
Servings Per Container: Approx. 18 Servings

	Amount Per Serving	%DV
Calories	35	
Total Carbohydrates	7 g	2%*
Dietary Fiber	3 g	
Total Sugars	2 g	
Iron	0.8 mg	6%
Potassium	160 mg	3%

Organic Veggies+ Proprietary Mix 9 g

Organic Vegetable Antioxidant Blend: Carrot, Broccoli, Green Cabbage, Spinach, Chlorella BCW, Green Tea Leaf Extract, Kelp, Spirulina, Beet Root, Alfalfa Grass, Kale

Organic Fruit Antioxidant Blend: Strawberry, Raspberry, Blueberry, Acerola Cherry Extract, Black Currant, Acai, Cranberry

Organic Fiber Blend: Inulin, Flax Seed Fiber

Digestive Blend: Organic Ginger Root, Organic Turmeric Root, Organic Cinnamon Bark Extract, Enzyme Blend (Protease, Amylase, Glucoamylase, Invertase, Diastase, Lipase)

Bifidobacterium (from *Bifidobacterium bifidum* and *Bifidobacterium lactis*) 5 B CFUs **

Lactobacillus acidophilus (La-14) 5 B CFUs **

*Percent Daily Values are based on a 2,000 calorie diet
**Daily Value (DV) not established

‡ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

suggested use: Mix one (1) level tbsp with at least 8–10 ounces of water, juice, or milk of choice daily or as recommended by your health care practitioner. If pregnant, consult your health care practitioner before using this product.

tamper-evident: Use only if jar is sealed. Store tightly sealed in a cool, dry place.

for more information:
mindbodygreen.com @mindbodygreen



MBG007
LMBG00702

Manufactured For: Thorne Research, Inc. 1 800 228 1966
Certified Organic by QAI

promotes glowing skin, supports your gut, and helps balance your hormones.‡

Promotes a well-balanced inflammatory response with a proprietary blend of **dark leafy greens**, **ginger**, and **turmeric**, one of the most studied natural compounds on the planet.‡ **Digestive enzymes** and **probiotic bacteria** fight bloat and digestive discomfort, and **cinnamon bark extract** promotes blood sugar balance.‡

finally, a greens powder for everyone! we formulated organic veggies+ to be 100 percent safe for any dietary need.

you'll never find:

Gluten, FODMAPs, Gut Irritants, Lectins, GMO Ingredients, Stevia or Monk Fruit Extract, Artificial Colors or Flavors, Added Sugar

easy to fit into your daily routine.

Mix 1 level tbsp with at least 8 ounces of water, juice, or milk of choice for a quick hit of nutrients. Blend it into a smoothie, stir it into a savory soup, or sprinkle it on popcorn.

mindbodygreen
by Thorne



organic veggies+
sea vegetables¹, dark leafy greens², digestive enzymes³, ginger and turmeric⁴, cinnamon bark extract⁵, probiotics⁶

We combined a proprietary blend of **1) hormone-supporting sea veggies**, including **kelp** and **chlorella**, with **2) antioxidant-rich dark leafy greens** that support healthy aging.‡ We added **3) digestive enzymes**, **4) ginger** and **turmeric** for an antioxidant boost,‡ **5) cinnamon bark extract** to promote healthy blood sugar balance, and **6) 10 billion CFUs** of the *Lactobacillus* and *Bifidobacterium* strains of probiotic bacteria for gut health support.‡

dietary supplement

net wt 165.6 g