

EVIDENCE-BASED


**integrative**  
THERAPEUTICS, INC.

NF FORMULAS™  
**SPECTRUM 2C**  
Without Iron

*A multiple vitamin-mineral formulation*

240 CAPSULES

Dietary Supplement

Spectrum 2C without Iron is a comprehensive, hypoallergenic, multiple vitamin supplement with minerals. Designed for maximum bioavailability, Spectrum 2C without Iron uses both water-soluble and fat-soluble vitamin C, phosphorylated forms of riboflavin and pyridoxine, and mineral citrates, malates and amino acid chelates. Digestive support is provided with the addition of betaine HCl, glutamic acid, papain, and bromelain.\*

**Recommendations:** Take 2 capsules twice daily with meals, or as recommended by your healthcare practitioner.

If pregnant, nursing, or taking prescription drugs, consult your healthcare practitioner prior to use.

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

DISTRIBUTED BY AN FDA-REGISTERED DRUG ESTABLISHMENT FOR  
INTEGRATIVE THERAPEUTICS, INC. • GREEN BAY, WI 54311 USA  
www.integrativeinc.com • 1.800.931.1709

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### Supplement Facts

Serving Size 2 capsules

Servings per container 120

| Amount per 2 capsules                                                          | %DV***        |
|--------------------------------------------------------------------------------|---------------|
| <b>Total Carbohydrate</b>                                                      | <1 g <1%***   |
| Vitamin A (60% as natural beta carotene and as retinyl palmitate)              | 6,250 IU 125% |
| Vitamin C (as ascorbic acid and ascorbyl palmitate)                            | 200 mg 333%   |
| Vitamin D (as cholecalciferol)                                                 | 25 IU 6%      |
| Vitamin E (as d-alpha tocopheryl acetate)                                      | 100 IU 333%   |
| Vitamin K (as phytonadione)                                                    | 25 mcg 31%    |
| Thiamin (as thiamin HCl)                                                       | 25 mg 1,667%  |
| Riboflavin (as riboflavin and riboflavin-5'-phosphate)                         | 15 mg 882%    |
| Niacin (as niacinamide and niacin)                                             | 37 mg 185%    |
| Vitamin B6 (as pyridoxine HCl and pyridoxal-5'-phosphate)                      | 37 mg 1,850%  |
| Folic Acid                                                                     | 200 mcg 50%   |
| Vitamin B12 (as cyanocobalamin)                                                | 25 mcg 417%   |
| Biotin                                                                         | 50 mcg 17%    |
| Pantothenic Acid (as calcium D-pantothenate)                                   | 37 mg 370%    |
| Calcium (as calcium carbonate, citrate, glycinate, malate, and hydroxyapatite) | 212 mg 21%    |
| Iodine (as potassium iodide)                                                   | 56 mcg 37%    |
| Magnesium (as magnesium oxide, malate, glycinate, and citrate)                 | 162 mg 41%    |
| Zinc (as zinc chelate)                                                         | 7.5 mg 50%    |

| Amount per 2 capsules              | %DV***      |
|------------------------------------|-------------|
| Selenium (as selenium chelate)     | 43 mcg 61%  |
| Copper (as copper chelate)         | 500 mcg 25% |
| Manganese (as manganese chelate)   | 5 mg 250%   |
| Chromium (as chromium chelate)     | 50 mcg 42%  |
| Molybdenum (as molybdenum chelate) | 12 mcg 16%  |
| Potassium (as potassium chelate)   | 15 mg <1%   |
| Citrus bioflavonoids complex       | 62 mg **    |
| L-Glutamic Acid HCl                | 16 mg **    |
| Betaine HCl                        | 16 mg **    |
| Choline (as choline bitartrate)    | 12 mg **    |
| PABA (para-aminobenzoic acid)      | 12 mg **    |
| Inositol                           | 12 mg **    |
| Rutin                              | 12 mg **    |
| Bromelain (2,400 G.D.U./g)         | 3.2 mg **   |
| Papain (3,000 P.U./mg)             | 1.2 mg **   |
| Boron (as boron citrate)           | 250 mcg **  |
| Vanadium (as vanadium citrate)     | 18 mcg **   |

\*\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

Other ingredients: gelatin and soybean oil.

Contains no sugar, salt, yeast, wheat, gluten, corn, dairy products, artificial coloring, artificial flavoring, or preservatives. This product contains natural ingredients; color variations are normal.