

supplement facts

Serving Size: 3 level tbsp (27.3 g)

Servings Per Container: Approx. 12 Servings

	Amount Per Serving	%DV
Calories	100	
Total Carbohydrates	6 g	2%*
Total Sugars	3 g	**
Includes 3g Added Sugars		6%*
Protein (as Grass-Fed Hydrolysate Bovine Collagen)	15 g	30%*
Vitamin C (as Ascorbic Acid)	200 mg	222%
Vitamin E (as Mixed Tocopherols)	67 mg	447%
Biotin (as d-Biotin)	500 mcg	1,670%
Sodium (as Grass-Fed Hydrolysate Bovine Collagen and Sodium Chloride)	140 mg	6%
Potassium (as Potassium Chloride And Potassium Citrate)	190 mg	4%
Curcumin (Curcuma longa extract (root) / Phospholipid complex from Sunflower)	50 mg	**
Vegan Hyaluronic Acid	100 mg	**
Broccoli Seed Extract (Equivalent 25 mg Sulforaphane Glucosinolate)	192 mg	**
L-Glutamine	500 mg	**

* Percent Daily Values are based on a 2,000 calorie diet

**Daily Value (DV) not established

Other Ingredients: Organic Peruvian Cocoa, Organic Coconut Sugar

typical amino acid profile

Average Percent Per Serving Naturally Occurring

Recommended Servings Per Day: 1

Amount Per Serving	Amount Per Serving
Alanine	8.11%
Arginine	7.49%
Aspartic Acid	5.38%
Glutamic Acid	9.43%
Glycine	22.92%
Histidine†	0.63%
Hydroxylysine	0.44%
Hydroxyproline	12.17%
Isoleucine†	1.06%
Leucine†	2.56%
Lysine†	3.61%
Methionine†	5.29%
Phenylalanine†	1.81%
Proline	12.52%
Serine	2.56%
Threonine†	1.72%
Tyrosine	0.18%
Valine†	2.12%

† Essential Amino Acids

‡ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

total support for your gut, muscles & joints, and glow.‡

Organic, grass-fed, pasture-raised bovine collagen provides a protein-rich base filled with amino acids that helps your body build lean muscle mass and support the healthy functioning of your joints.‡ L-glutamine helps maintain a healthy gut lining, while biotin has important benefits for skin, hair, and nails, and curcumin, a potent compound derived from turmeric, promotes a well-balanced inflammatory response.‡ Vitamins C and E provide a healthy serving of antioxidants, sulforaphane glucosinolate helps protect your skin from photoaging, and hyaluronic acid promotes healthy skin texture and moisture balance.‡

finally, a collagen powder for everyone! we formulated grass-fed collagen+ to be 100 percent safe for any dietary need.

you'll never find:

Gluten, Eggs, Dairy, Peanuts or Soy, FODMAPs, Gut Irritants, Unnecessary Binders, Fillers or Preservatives, Lectins, Coatings and Shellacs, Oils, Magnesium Stearate, GMO Ingredients, Stevia or Monk Fruit Extract, Artificial Colors or Flavors

easy to fit into your daily routine.

Our collagen is stable at high temperatures and dissolves completely in cold liquids. We recommend taking 3 level tbsp daily. Blend it in a smoothie, bake with it, or mix it into your chia pudding.

mindbodygreen

by Thorne

grass-fed collagen+

biotin¹, curcumin², L-glutamine³, vitamin C⁴, vitamin E⁵, sulforaphane glucosinolate⁶, hyaluronic acid⁷

chocolate

Finally, a supplement that supports beauty, gut health, and inflammation—all at the same time.‡ We combined **organic, grass-fed, pasture-raised bovine collagen** with **1) biotin**, which supports healthy skin, hair, and nails;‡ **2) curcumin**, which promotes a well-balanced inflammatory response;‡ and **3) L-glutamine**, an amino acid that supports a healthy intestinal lining.‡ We added **4) and 5) vitamins C and E** for extra antioxidant support;‡ **6) sulforaphane glucosinolate** for its potential anti-photoaging benefits;‡ and **7) hyaluronic acid**, for enhancing skin moisture.‡ Together, these nutrients help support beauty from the inside out.‡

dietary supplement

net wt 327.6 g

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