

EVIDENCE-BASED



integrative  
THERAPEUTICS, INC.

NF FORMULAS™  
**SPECTRUM 2C**  
With Iron

*A multiple vitamin-mineral  
formulation*

240 CAPSULES

Dietary Supplement

Spectrum 2C with Iron is a comprehensive, hypoallergenic, multiple vitamin supplement with minerals. Designed for maximum bioavailability, Spectrum 2C with Iron uses both water-soluble and fat-soluble vitamin C, phosphorylated forms of riboflavin and pyridoxine, and mineral citrates, malates and amino acid chelates. Digestive support is provided with the addition of betaine HCl, glutamic acid, papain, and bromelain.\*

**WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.**

If pregnant, nursing, or taking prescription drugs, consult your healthcare practitioner prior to use.

Contains no sugar, salt, yeast, wheat, gluten, corn, dairy products, artificial coloring, artificial flavoring, or preservatives. This product contains natural ingredients; color variations are normal.

DISTRIBUTED BY AN FDA-REGISTERED DRUG ESTABLISHMENT FOR  
Integrative Therapeutics, Inc. • GREEN BAY, WI 54311 USA  
www.integrativeinc.com • 1.800.931.1709



\* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE

Supplement Facts

Serving Size 2 capsules

Servings per container 120

Amount per 2 capsules	%DV**	Amount per 2 capsules	%DV**
Vitamin A (50% as natural beta carotene and 40% from retinyl palmitate)	6,250 IU 125%	Zinc (as zinc chelate)	75 mg 5%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	200 mg 333%	Selenium (as selenium chelate)	43 mcg 6%
Vitamin D (as cholecalciferol)	25 IU 6%	Copper (as copper chelate)	500 mcg 25%
Vitamin E (as D-alpha-tocopheryl acetate)	100 IU 333%	Manganese (as manganese chelate)	5 mg 25%
Vitamin K (as phytonadione)	25 mcg 31%	Chromium (as chromium chelate)	50 mcg 4%
Thiamin (as thiamin HCl)	25 mg 1,667%	Molybdenum (as molybdenum chelate)	12 mcg 16%
Riboflavin (as riboflavin and riboflavin-5-phosphate)	15 mg 882%	Potassium (as potassium chelate)	15 mg 3%
Niacin (as niacinamide and niacin)	37 mg 185%	Citrus Bioflavonoids Complex	62 mg **
Vitamin B6 (as pyridoxine HCl and pyridoxal-5-phosphate)	37 mg 1,850%	Betaine HCl	16 mg **
Folic Acid	200 mcg 50%	Glutamic Acid HCl	16 mg **
Vitamin B12 (as cyanocobalamin)	25 mcg 417%	Choline (as choline bitartrate)	12 mg **
Biotin	50 mcg 17%	Inositol	12 mg **
Pantothenic Acid	37 mg 370%	PABA (Para-aminobenzoic acid)	12 mg **
Calcium (as calcium carbonate, citrate, glycinate, malate, and hydroxyapatite)	212 mg 21%	Rutin	12 mg **
Iron (as iron chelate)	5 mg 28%	Bromelain (2,400 G.D.U./g)	3.2 mg **
Iodine (as potassium iodide)	56 mcg 37%	Papain (3,000 P.U./mg)	1.2 mg **
Magnesium (as magnesium oxide, malate, glycinate, and citrate)	162 mg 40%	Boron (as boron citrate)	250 mcg **
		Vanadium (as vanadium citrate)	18 mcg **

\*\*Daily Value (DV) not established.

Other ingredients: gelatin and soybean oil.  
**Recommendations:** Take 2 capsules twice daily with meals or as recommended by your healthcare practitioner.