

EVIDENCE-BASED



integrative  
THERAPEUTICS, INC.

NF FORMULAS™  
**PSI NIGHTTIME**

*Supports normal  
musculoskeletal function\**

60 VEG CAPSULES

Dietary Supplement

Used clinically for over 15 years, PSI Nighttime is an effective relaxation formula that supports normal musculoskeletal function and reduces pain and stiffness due to occasional overuse.\* PSI Daytime also available.

**WARNING:** Discontinue use and consult a healthcare practitioner if you have a liver disorder or develop symptoms of liver trouble, such as abdominal pain, dark urine, or jaundice. May impair your ability to drive or operate heavy equipment. Due to additive sedative effect, avoid using with alcohol. May cause drowsiness. If pregnant, nursing, or taking prescription drugs, consult your healthcare practitioner prior to use.

**Recommendations:** Take 2 capsules at bedtime.

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, preservatives, or ingredients of animal origin. This product contains natural ingredients; color variations are normal.

DISTRIBUTED BY AN FDA-REGISTERED DRUG ESTABLISHMENT FOR  
INTEGRATIVE THERAPEUTICS, INC. • GREEN BAY, WI 54311 USA  
www.integrativeinc.com • 1.800.931.1709

(8010169B)  
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VEGETARIAN

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**Supplement Facts**

Serving Size 2 capsules

Servings per container 30

Amount per 2 capsules		%DV**
Niacin (as niacinamide)	100 mg	500%
Vitamin B6 (as pyridoxine HCl)	20 mg	1,000%
Calcium (as calcium carbonate)	95 mg	10%
Magnesium (as magnesium oxide)	100 mg	25%
Copper (as copper gluconate)	260 mcg	13%
Potassium (as potassium chloride)	50 mg	1%
White Willow ( <i>Salix alba</i> ) Bark Extract 4:1	225 mg	**
Passionflower ( <i>Passiflora incarnata</i> ) Flower Extract 4:1	160 mg	**
Bromelain (2,400 G.D.U./g)	150 mg	**
Wild Yam ( <i>Dioscorea villosa</i> ) Root	150 mg	**
Valerian ( <i>Valeriana officinalis</i> ) Root	120 mg	**
Black Cohosh ( <i>Actaea racemosa</i> ) Root	75 mg	**
Hops ( <i>Humulus lupulus</i> ) Strobile Extract 5:1	60 mg	**
Valerian ( <i>Valeriana officinalis</i> ) Root Extract 5:1	60 mg	**
L-Glutamic Acid HCl	25 mg	**

\*\*Daily Value (DV) not established.

Other ingredients: vegetable capsule (modified cellulose), citric acid, and magnesium stearate.