

MAXXUM™

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High Potency Multi-Vitamin
and Mineral Formula with
Bioflavonoids and Herbs

KARUNA
RESPONSIBLE NUTRITION™

240 vegetarian capsules
Dietary Supplement

Suggested use for adults:

4-8 capsules daily, taken
with meals, or as
directed by your health
care practitioner.

This product contains no
yeast, wheat, soy, corn,
milk, salt, sugar, artificial
coloring, preservatives or
flavoring.

This product is intended
for professional use and
is manufactured under
strict quality control to
ensure the optimum in
purity, potency and
reliability.

Keep in a cool, dry place,
tightly capped.

Supplement Facts

Serving Size 8 Capsules

Servings per Container 30

Amount per serving:		%DV
Vitamin A (natural beta-carotene)	20,000 IU	400%
Vitamin C (ascorbic acid)	1,000 mg	1,667%
Vitamin D3 (cholecalciferol)	1,000 IU	250%
Vitamin E (d-alpha tocopherol succinate)	400 IU	1,333%
Vitamin K1 (phyloquinone)	120 mcg	150%
Vitamin B1 (thiamine)	50 mg	3,333%
Vitamin B2 (riboflavin)	50 mg	2,941%
Vitamin B3 (niacinamide)	100 mg	500%
Vitamin B6 (pyridoxine HCl)	100 mg	5,000%
Folic Acid	800 mcg	200%
Vitamin B12 (methylcobalamin)	450 mcg	7,500%
Biotin (d-biotin)	400 mcg	133%
Vitamin B5 (d-calcium pantothenate)	300 mg	3,000%
Calcium (citrate/malate 2:1)	500 mg	50%
Iron (glycinate)	6 mg	33%
Iodine (potassium iodine) (kelp source)	75 mcg	50%
Magnesium (aspartate)	500 mg	125%
Zinc (gluconate)	15 mg	100%
Selenium (L-selenomethionine)*	200 mcg	286%
Copper (amino acid chelate)	1.5 mg	5%
Manganese (amino acid chelate)	5 mg	250%
Chromium (amino acid chelate)*	200 mcg	167%

Amount per serving:		%DV
Mixed Citrus Bioflavonoids	200 mg	†
Betaine HCl	50 mg	†
Glutamic Acid HCl	50 mg	†
Choline (bitartrate)	50 mg	†
Eleutherococcus senticosus	50 mg	†
Rutin	50 mg	†
Para-aminobenzoic acid (PABA)	20 mg	†
Bromelain (1200 gdu/gm)	10 mg	†
Papain (70 mcu/gm)	10 mg	†
Riboflavin 5'-Phosphate	5 mg	†
Boron (citrate)	1 mg	†
Vanadium (amino acid chelate)	75 mcg	†

† Daily Value (DV) not established

*non-yeast form

Other ingredients: vegetarian capsule, vegetable
stearine

Iron overdose usage: Keep this product out
of the reach of children.



Produced by Karuna Corporation
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