



Gluten Free

#639

VITA-WOMEN

Time Release Tablets for Women

Supports Energy Metabolism

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Dietary Supplement

60 TABLETS

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

Amount Per Serving	% DV
Vitamin A 5000 IU..... 100%	
(beta carotene & retinyl palmitate)	
Vitamin C (as L-ascorbic acid)..... 200 mg..... 333%	
Vitamin D (as cholecalciferol) 2000 IU..... 500%	
Vitamin E 30 IU..... 100%	
(as d-alpha tocopherol)	
Vitamin K (as phytonadione)..... 80 mcg..... 100%	
Thiamin (Vitamin B-1) 50 mg..... 333%	
(as thiamin HCl)	
Riboflavin (Vitamin B-2)..... 50 mg..... 2941%	
Niacin (as niacinamide) 50 mg..... 250%	
Vitamin B-6 (as pyridoxine HCl)..... 50 mg..... 2500%	
Folic Acid 400 mcg..... 100%	
Vitamin B-12(as methylcobalamin) .. 100 mcg..... 1667%	
Biotin (as d-biotin)..... 1000 mcg..... 333%	
Pantothenic Acid 50 mg..... 500%	
(as d-calcium pantothenate)	
Calcium (as calcium carbonate) 500 mg..... 50%	
Iron (as ferrous gluconate)..... 18 mg..... 100%	
Iodine (as potassium iodide)..... 150 mcg..... 100%	
Magnesium(as magnesium oxide) 100 mg..... 25%	
Zinc (as zinc oxide)..... 15 mg..... 100%	
Selenium (as sodium selenate) 200 mcg..... 286%	
Copper (as cupric oxide) 2 mg..... 100%	
Manganese(as manganese gluconate)..... 2 mg..... 100%	

Amount Per Serving	% DV
Chromium 200 mcg..... 167%	
(as Chromax® chromium picolinate)	
Molybdenum 75 mcg..... 100%	
(as sodium molybdate)	
Potassium 30 mg..... 1%	
(as potassium chloride)	
Vanadium 10 mcg..... *	
(as sodium metavanadate)	
Boron (as bororganic glycine)..... 2 mg..... *	
Alpha Lipok Acid..... 10 mg..... *	
Hesperidin Complex..... 5 mg..... *	
Vita-Women Proprietary Blend..... 100 mg..... *	
Collagen (hydrolyzed gelatin), Choline Bitartrate, Inositol, Silica (as silicon dioxide)	
Vita-Women Fruit and Vegetable Blend..... 60 mg..... *	
Citrus Bioflavonoids Comp. (peel), Bilberry Ext. (fruit), Blueberry Juice Conc. 10:1, Grape Seed Ext., Alfalfa Leaf (organic), Apple Pectin, Artichoke Pwd. Ext., Celery Seed Ext., Carob Pwd., Garlic Pwd., Shiitake Mushroom, Mexican Yam Ext. 10:1, Quercetin, Coenzyme Q-10, Turmeric Root Pwd. (organic), Lycopene.	

* Daily Value not established.

DIRECTIONS: As a dietary supplement, take two (2) tablets daily, preferably with a meal.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.** Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs) Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

Other ingredients: Vegetable cellulose, silica, vegetable magnesium stearate, vanillin.

No artificial color. No preservatives. No sugar. No wheat. No yeast. No fish. Non-GMO

CAUTION: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Not intended for use by persons under the age of 18.

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case

Manufactured by: **Dee Cee Laboratories, Inc.** ©
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