

EVIDENCE-BASED

Other ingredients: cellulose, modified cellulose gum, stearic acid, modified cellulose, magnesium stearate, silicon dioxide, soy lecithin, vegetable glycerin, carnauba wax, and soybean oil.

Designed by doctors, this daily multivitamin-mineral delivers optimal nutritional support to pregnant or nursing mothers throughout the day.* In addition to providing a comprehensive nutritional foundation, Prenatal Forte also includes other ingredients targeted to help with the digestive concerns often associated with pregnancy and nursing.*

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Recommendations: Take 2 tablets three times daily, with meals or as recommended by your healthcare practitioner.

If taking prescription drugs, consult your healthcare practitioner.

Contains no sugar, yeast, wheat, gluten, corn, artificial coloring, artificial flavoring, or preservatives. This product contains natural ingredients; color variations are normal.

*Chelated as citrate, fumarate, malate, succinate, and alpha ketoglutarate.

MANUFACTURED BY AN FDA-REGISTERED DRUG ESTABLISHMENT FOR
INTEGRATIVE THERAPEUTICS, INC. • GREEN BAY, WI 54311 USA
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*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



integrative
THERAPEUTICS, INC.

NF FORMULAS™
PRENATAL FORTE

*Daily prenatal multiple with
digestive support**

180 TABLETS

Dietary Supplement

Supplement Facts

Serving Size 2 tablets

Servings per container 90

Amount per 2 tablets	%DV*** for Pregnant/ Lactating Women	Amount per 2 tablets	%DV*** for Pregnant/ Lactating Women
Calories	5	Manganese (as manganese citrate)	4 mcg **
Total Carbohydrate	1 g ***	Chromium (as chromium aspartate)	34 mcg **
Vitamin A (as beta carotene)	3,334 IU 42%	Sodium	10 mg **
Vitamin C (as calcium ascorbate)	166 mg 277%	Potassium (as potassium citrate)	30 mg **
Vitamin D (as cholecalciferol)	132 IU 33%	Hesperidin 50% (from citrus fruits)	70 mg **
Vitamin E (as d-alpha tocopheryl acid succinate)	132 IU 440%	L-Glutamic Acid HCl	34 mg **
Vitamin K (as phytonadione)	10 mcg **	Soy Lecithin	34 mg **
Thiamin (as thiamin HCl) (vitamin B1)	8 mg 471%	Alfalfa (Medicago sativa) Aerial Part Extract 10:1	24 mg **
Riboflavin (vitamin B2)	8 mg 400%	Raspberry (Rubus idaeus) Leaf	24 mg **
Niacin (as niacinamide)	8 mg 40%	Yellow Dock (Rumex crispus) Root	24 mg **
Vitamin B6 (as pyridoxine HCl)	16 mg 640%	Cranberry (Vaccinium macrocarpon) Fruit	16 mg **
Folic Acid	266 mcg 33%	Dandelion (Taraxacum officinale) Root Extract 4:1	16 mg **
Vitamin B12 (as cyanocobalamin)	50 mcg 625%	Papaya (Carica papaya) Leaf	16 mg **
Biotin	100 mcg 33%	Stinging Nettle (Urtica dioica) Leaf Extract standardized to contain 1% silicic acid	16 mg **
Pantothenic Acid (as calcium D-pantothenate)	16 mg 160%	Choline (as choline bitartrate)	8 mg **
Calcium (as calcium carbonate, citrate, and ascorbate)	400 mg 31%	Inositol	8 mg **
Iron (as ferrous succinate)	16 mg 89%	Lactobacillus Acidophilus (milk)	8 mg **
Iodine (as potassium iodide)	50 mcg 33%	Japanese Sophora (Sophora japonica) Flower Bud Extract standardized to contain 80% rutin (quercetin rutinoside)	4 mg **
Magnesium (as magnesium citrate and oxide)	200 mg 44%	Boron (as boron Krebs cycle chelates)†	84 mcg **
Zinc (as zinc picolinate)	8 mg 53%		
Selenium (as L-selenomethionine)	34 mcg **		
Copper (as copper gluconate)	1 mg 50%		

***Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.