

Natural bioactive source  
of Beta Sitosterol



REAL HEALTH®

# Prostate Complete™

Helps **SUPPORT & PROTECT**  
Prostate Health

*Multi-Action formula supports:*

*Reduce Urinary Frequency*

*Normal Prostate Function*

*Better Quality Sleep*

**Dietary Supplement**



**ONE-PER-DAY**

**30 SOFTGELS  
1 MONTH SUPPLY**



REAL HEALTH®

This product is intended solely for use as a dietary supplement. It does not eliminate the need for regular prostate examinations by a physician.

If you are presently under treatment for any medical condition, or are taking prescription medication, consult your physician before taking this or any dietary supplement.

**WARNING:** Keep this and all dietary supplements out of reach of children.

**Questions or comments:**

Toll free at 800-565-6656  
www.realhealth.com

**Distributed by:**

PharmaCare US, Inc.  
San Diego, CA 92108 USA

Made in the USA with domestic and imported ingredients

**100% SATISFACTION GUARANTEED**

For more information on our guarantee, contact our Real Health representatives.



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**DIRECTIONS:**

Take 1 softgel daily, or as directed by your healthcare professional.

## Supplement Facts

Serving Size: 1 Softgel Capsule  
Servings Per Container: 30

Amount Per Serving		%DV
Zinc (as sulfate monohydrate)	20 mg	133%
Selenium (as selenomethionine)	30 mcg	40%
Standardized Saw Palmetto Extract ( <i>Serenoa repens</i> ) (Berry) (standardized to 85% fatty acids)	320 mg	*
Lycopene	6.5 mg	
Standardized Turmeric Extract ( <i>Curcuma longa</i> ) (Root) (standardized to 95% curcuminoids) (providing 50mg curcuminoids)	53 mg	
Resveratrol (trans-resveratrol) provided by 80mg standardized extract of <i>Polygonum cuspidatum</i> (root)	8 mg	*
Pomegranate Extract ( <i>Punica granatum</i> ) (seeds) (standardized to 40% ellagic acid)	25 mg	*

\*Daily value not established

**Other Ingredients:** Gelatin, glycerin, soybean oil, purified water, beeswax, chlorophylline (natural shell color), soy lecithin.

**Allergen Information:** This product contains ingredients derived from corn and soy.

This formulation is free from added yeast, gluten, wheat, dairy, preservatives, artificial flavors.







REAL HEALTH®

Real Health's Prostate Complete is an advanced, multi-action prostate support formula designed for adult men who want to maintain the health of their prostate.

Helps **SUPPORT & PROTECT**  
Prostate Health

Prostate health is a serious issue that effects every part of a man's life.\*

Real Health Prostate Complete is a natural bioactive source of beta-sitosterol, which along with the other scientifically studied ingredients may help:

-  Support Stronger Urine Flow
-  Support Normal Prostate Function
-  Support Improved Bladder Emptying
-  Reduce the Urges to Urinate

You've got a life – keep it complete with Prostate Complete once a day

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**