

Suggested Usage: Take 2 capsules 1 to 3 times daily with food.

Silymarin (*Silybum marianum*), also known as milk thistle, has been used by traditional herbalists for centuries. Scientific studies have indicated that constituents in silymarin may help to support healthy liver function.* This vegetarian formula also includes turmeric for additional support.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Not for pregnant/nursing women. Consult physician if taking medication or have a medical condition (especially gall bladder dysfunction). Keep out of reach of children.

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Silymarin

Milk Thistle Extract - 150 mg

Supports Liver Function*

With Turmeric

60 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	< 1%**
Milk Thistle Extract (<i>Silybum marianum</i>) (Fruit/Seeds) (Standardized to 240 mg Silymarin Flavonoids - equivalent 80%)	300 mg	†
Turmeric (<i>Curcuma longa</i>) (Root)	700 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Rice Flour and Stearic Acid (vegetable source).

Manufactured & Quality Tested by NOW FOODS
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nowfoods.com

Natural color variation may occur in this product.
Store in a cool, dry place after opening.

