



Gluten Free

#569

VITA-MEN Time Release Tablets for Men

Supports Energy Metabolism

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Dietary Supplement

90 TABLETS

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 30

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Amount Per Serving	% DV
Vitamin A 1500 mcg (RAE).... 167% (100% as beta carotene)	
Vitamin C (as L-ascorbic acid).....300 mg... 333%	
Vitamin D-3 (from fish liver oil) 1000 IU (25 mcg) .. 125%	
Vitamin E (as d-alpha).....90 IU (60 mg)... 400%	
Vitamin K2 (as Menoquinone-7)..... 120 mcg... 100%	
Thiamin HCl (Vitamin B-1).....50 mg 4167%	
Riboflavin (Vitamin B-2).....50 mg 3846%	
Niacin (as niacinamide)50 mg... 313%	
Vitamin B-6 (as pyridoxine HCl).....50 mg 2941%	
Folate..... 668 mcg (DFE).... 167% (400 mcg folic acid)	
Vitamin B-12 (as methylcobalamin).....50 mcg 2083%	
Biotin 50 mcg... 167%	
Pantothenic Acid(as d-calcium pantothenate) .50 mg. 1000%	
Calcium (as carbonate, citrate, phosphate) ..60 mg..... 5%	
Iron (as amino acid chelate)5 mg..... 28%	
Iodine (from kelp).....150 mcg... 100%	
Magnesium (as oxide, citrate).....210 mg..... 50%	
Zinc (as oxide)** 15 mg... 136%	

Amount Per Serving	% DV
Selenium (as amino acid chelate) 100 mcg... 182%	
Copper (as amino acid chelate)..... 100 mcg.... 11%	
Manganese (as amino acid chelate)..... 11.5 mg... 500%	
Chromium (as polynicotinate)^..... 140 mcg... 400%	
Molybdenum (as amino acid chelate) 10 mcg..... 22%	
Potassium.....99 mg..... 2% (as chloride, amino acid complex)	

Vita-Men Libido Blend 545 mg.....*

Panax Ginseng (5% Ginsenosides), Tribulus Terrestris, Maca Ext. (0.5% Glucosinolates), Saw Palmetto (45% Fatty Acids), Mucuna Pruriens (15% L-Dopa), Passion Flower

Vita-Men Energy Blend..... 343 mg.....*

Green Tea Ext. (90% Polyphenols), Colostrum (30% IgG), Soy Bean Ext., Gugulipid Ext. (2.5% Gugulsterones), Valerian Rt., Pygeum, Grape Seed Ext., Picosanol, Lycopene (10% Redivivo)

* Daily Value not established.

DIRECTIONS: For adult men, as a dietary supplement, take three (3) tablets daily, preferably with a meal. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.** Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs). Conforms to USP <2091> for weight. Other ingredients: Vegetable cellulose, silica, vegetable magnesium stearate, vegetable magnesium silicate, vanillin. Contains milk and soy ingredients.

CAUTION: This product is intended for use by men and is not for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Avoid this product if you have Wilsons disease, allergies to tomatoes or taking medication, especially blood-thinning medication. Not intended for use by persons under the age of 18. Diabetics / Hypoglycemics use only under supervision of a doctor because this product contains chromium which may enhance insulin sensitivity and may affect your blood glucose levels.

No Artificial Color, No Preservatives, No Sugar, No Salt, No Wheat, No Yeast, No Corn.

**From L-OptiZinc®, ^ From ChromeMate®

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Manufactured by: **Dee Cee Laboratories, Inc.®**
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Made in USA Rev. 12DV