

# Fight OSTEOPOROSIS

Adequate calcium intake is important but daily intakes above 2000 mg are not likely to provide any additional benefits. For persons with a family history of osteoporosis, menopausal women, or elderly men and women, adequate calcium intake is linked to reduced risk of osteoporosis through the mechanism of slowing the rate of bone loss. Regular exercise and a healthy diet with enough calcium helps all women approximately 11 to 35 years of age maintain good bone health and may reduce their high risk of osteoporosis later in life.

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.**

**CAUTION:** If you are pregnant or nursing do not take this product.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.



Gluten Free #554

## CALCIUM MAGNESIUM with VITAMIN D and BORON

**"Calcium Builds Strong Bones"**

Dietary Supplement

**180 CAPSULES**

## Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 60

Amount Per Serving	% DV
Vitamin D-3 (as cholecalciferol) 10 mcg (400 IU) ...	50%
Calcium ..... 460 mg ...	35%
(as citrate/malate/carbonate)	
Magnesium ..... 250 mg ...	60%
(as aspartate/citrate/oxide)	
Boron (amino acid chelated) ..... 1500 mcg ... *	

\* Daily Value not established.

Other ingredients: Vegetable cellulose, k-gelatin, vegetable magnesium stearate.

**DIRECTIONS:** As a dietary supplement, take 3 capsules twice daily, preferably with a meal.

Manufactured by: **Dee Cee Laboratories, Inc.**®  
304 Dee Cee Rd., White House, TN 37188  
Made in USA



Rev.05DV