

Suggested Usage: Take 1 capsule 3 times daily, preferably with food.

St. John's wort (*Hypericum perforatum*) has a long history of traditional use by herbalists dating back more than 2000 years.

Caution: For adults only. Do not exceed 3 capsules daily, unless directed by a healthcare professional. Larger amounts may contribute to photosensitizing reactions (skin reddening) in the presence of strong sunlight or tanning beds. St. John's wort is known to interact with antidepressants, oral contraceptives, immunosuppressants, anticoagulants, anti-seizure, chemotherapeutic agents, and other prescription and over-the-counter medications. Do not use this product while taking any medication or if you have a medical condition without the advice of your physician. Not for use by pregnant/nursing women. Keep out of reach of children.

Store in a cool, dry place after opening.

CAPSULE SIZE



CODE 4760D V7



St. John's Wort

300 mg

Standardized Extract

0.3% Hypericin

100 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

St. John's Wort Extract (<i>Hypericum perforatum</i>) (Herb) (min. 0.3% Hypericin)	300 mg*
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* Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon Dioxide.

Manufactured & Quality Tested by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.