

Nutrient-Rich Healthy Skin & Hair Plus Nails*
Healthy skin, hair and nails are important not only to appearance but as an indication of internal health as well. Taking steps to improve skin, hair and nail health can not only improve the way you look but enhance the way you feel:

- **Herbal Nutrients to Strengthen:** Gotu kola and horsetail are two plants with a long history of use for skin, hair and nail strength and texture. Horsetail, a nutritive plant full of important minerals, is standardized to supply 5.6 mg silica per dose. This mineral is necessary for strong connective tissue production.
- **Connective Tissue Support:** A special blend of vitamins and minerals provide the ingredients necessary to protect and repair connective tissue. Proline and lysine are key elements of collagen production.
- **Free Radical Protection:** The best way to maintain healthy skin, hair and nails is to protect them from damage. Bioflavonoids provide antioxidants to protect the cells from free radicals that are created by the sun and environmental pollution:

This comprehensive formula provides you with targeted nutrients that allow the health of your skin, hair and nails to come shining through:

What makes us different:



Liquid Soft-Gels - The nutrients in these easy-to-swallow Liquid Soft-Gels are released fast. Other forms of delivery can contain binders and fillers that may cause stomach upset and offer no nutritional value. *Advanced Liquid Soft-Gels provide an optimum delivery system.*

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Quality Assurance - We at Irwin Naturals* are committed to providing the highest quality products for your health. We employ third party testing for independent verification of purity and potency.



Environmental Responsibility - A percentage of our profit is donated to organizations that support the environment. As much as 90% of our future medicines may come from our dwindling rain forests.



Patented Bioperine® Complex - Bioperine® enhances the bioavailability, absorption and potency of many nutrients:

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

QUESTIONS: Call Nutritional Support 1-800-297-3273
Weekdays 7:30 AM to 4:30 PM (PST)
Questions@IrwinNaturals.com

No Preservatives added.

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IRWIN NATURALS®
NUTRIENT RICH
Healthy Skin & Hair^{plus} Nails®



**Promotes Vibrant Shine,
Texture & Strength***

60 LIQUID SOFT-GELS
DIETARY SUPPLEMENT

Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take one (1) Liquid Soft-Gel twice daily with meals and a full glass of water.

Supplement Facts

Serving Size: 1 Liquid Soft-Gel
Servings Per Container: 60

	Amount Per Serving	% Daily Value
Vitamin C (as Calcium Ascorbate)	100 mg	167%
Biotin	1300 mcg	433%
Zinc (as Zinc Picolinate)	5 mg	33%
Copper (as Copper Amino Acid Chelate)	0.5 mg	25%
Manganese (as Manganese Citrate)	2.5 mg	125%
Gotu Kola extract (10% asiaticosides)(herb)	90 mg	†
Citrus (<i>Citrus spp.</i>) Bioflavonoids (50% bioflavonoids)(fruit)	50 mg	†
Lysine (as Lysine Hydrochloride)	40 mg	†
Proline	40 mg	†
Silica (as Horsetail (<i>Equisetum arvense</i>) extract (7% silica)(herb))	5.6 mg	†
Bioperine Complex	6 mg	†
Bioperine® Black Pepper extract (95% piperine)(fruit), Ginger extract (5% gingerols)(root)		

† Daily Value not established.

Other ingredients: Soy bean oil, gelatin, glycerin, purified water, soy lecithin, beeswax, titanium dioxide, caramel color and red cabbage powder..

Contains: Soy

DISTRIBUTED, FORMULATED and QUALITY TESTED by:
Irwin Naturals 5310 Beethoven Street, Los Angeles, CA 90066
www.IrwinNaturals.com

To join our Wellness Club and receive tips on how to improve your health, please visit us at www.IrwinNaturals.com/wellness1

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