

**Suggested Usage:** Take 1 capsule 1 to 3 times daily.

Maca (*Lepidium meyenii*) is grown at high elevations in the Andes region of Central Peru. It has been traditionally used for centuries as a food source and as a general energy tonic.\* Modern scientific research suggests that maca may help to support a healthy reproductive life for both men and women.\* Clinical data indicate that maca does not exert a direct effect on endocrine function.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

CAPSULE SIZE

CODE 4762C V6



Botanicals/Herbs

Family owned since 1968.

## Supplement Facts

Serving Size 1 Veg Capsule

### Amount Per Serving

Maca ( <i>Lepidium meyenii</i> ) (Root)	500 mg**
---	----------

\*\* Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Manufactured & Quality Tested by NOW FOODS  
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA  
nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

