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CERTIFIED
MASON  **natural**
EST. 1967

NEW

VITRUM 50+ ADULT-MULTI

IRON FREE

MAY SUPPORT

GENERAL WELLNESS*

100 CAPLETS • DIETARY SUPPLEMENT

LOT/EXP. DATE

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving		% Daily Value	Amount Per Serving		% Daily Value
Vitamin A	600 mcg RAE [‡] (2,500 IU) (as retinyl acetate and 40% as beta carotene)	70%	Phosphorus (as dicalcium phosphate)	20 mg	2%
Vitamin C	69 mg (as ascorbic acid and sodium ascorbate)	80%	Iodine (as potassium iodide)	150 mcg	100%
Vitamin D3 (as cholecalciferol)	25 mcg (1,000 IU)	130%	Magnesium (as magnesium oxide)	50 mg	10%
Vitamin E	22.5 mg (50 IU) (as dl-alpha tocopheryl acetate)	150%	Zinc (as zinc oxide)	11 mg	100%
Vitamin K (phytonadione)	30 mcg	25%	Selenium (as sodium selenate)	19 mcg	35%
Vitamin B1 (as thiamine mononitrate)	1.5 mg	130%	Copper (as copper oxide)	0.5 mg	60%
Vitamin B2 (riboflavin)	1.7 mg	130%	Manganese (as manganese sulfate)	2.3 mg	100%
Niacin (as niacinamide)	20 mg NE [#]	130%	Chromium (as chromium picolinate)	50 mcg	140%
Vitamin B6 (as pyridoxine hydrochloride)	3 mg	180%	Molybdenum (as sodium molybdate)	45 mcg	100%
Folate	667 mcg DFET (400 mcg folic acid)	170%	Chloride (as potassium chloride)	72 mg	4%
Vitamin B12 (as cyanocobalamin)	25 mcg	1,040%	Potassium (as potassium chloride and potassium iodide)	80 mg	2%
Biotin	30 mcg	100%	Lutein	250 mcg	**
Pantothenic Acid (as d-calcium pantothenate)	10 mg	200%	Lycopene	300 mcg	**
Calcium (as calcium carbonate and dicalcium phosphate)	220 mg	15%			

**Daily Value not established.

OTHER INGREDIENTS: Microcrystalline cellulose, stearic acid, croscarmellose sodium, hydroxypropyl cellulose, vegetable magnesium stearate, silicon dioxide, ascorbyl palmitate, titanium dioxide, glyceryl triacetate, FD&C blue #2, FD&C yellow #6, FD&C red #40, tocopherols, maltodextrin, modified corn starch, alginate, acacia gum, pea starch, rosemary extract.

DFE - Dietary Folate Equivalents [‡]RAE - Retinol Activity Equivalents [#]NE - Niacin Equivalents

GUARANTEED NO ADDED: Yeast, Soy, Wheat, Dairy, Fish, Tree Nuts, Peanuts, Egg, Fragrance, Artificial Flavors, Crustacean Shellfish, Animal Products. Sodium free.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Mason Natural[®] is a registered trademark and does not refer to any product or ingredient claim.

DIRECTIONS: Adults - Take one caplet daily, preferably with food, as a dietary supplement.

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Discontinue use and consult your physician if any adverse reactions occur.

Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered.

Store in a dry place
under controlled
room temperature:
20° - 25°C
(68° - 77°F).



SOY FREE

Manufactured in the USA for:

MASON VITAMINS, INC.

Miami Lakes, FL 33014

1-888-860-5376

www.MasonVitamins.com

