

Suggested Usage: Take 1 capsule daily with a meal.

Zinc is essential to the normal function of many organs and systems within the body including the skeletal, immune, neurological, and endocrine systems.* Zinc is a necessary mineral co-factor for hundreds of enzymatic reactions related to protein and carbohydrate metabolism, RNA/DNA synthesis, and intercellular signaling.* It is also known to play a critical role in the body's free radical neutralizing activities and is especially helpful for maintenance of healthy aging.*

Caution: For adults only. This product is not intended for long term use; use only as directed. Do not use if pregnant or nursing.

Consult physician if taking medication or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 1550C V5



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Zinc (from 270 mg Zinc Picolinate)	50 mg	455%

Other ingredients: Rice Flour, Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Manufactured & Quality Tested by NOW FOODS
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Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

