Suggested Usage: Take 1 capsule daily with a meal. Chromium is an essential trace mineral that is best known for its role as an insulin co-factor.* Chromium is therefore critical for the maintenance of healthy glucose and carbohydrate metabolism; however, it is also important for the utilization of fat and protein.* Scientific studies also indicate that it may play a role in cardiovascular health.* As part of a healthy diet and exercise program, chromium picolinate may help to maintain healthy blood sugar levels already within the normal range and may also help to support a healthy body composition.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially diabetes medications), or have a medical condition.

Diabetics/Hypoglycemics: use only under a physician's supervision. Keep out of reach of children.

CAPSULE SIZE

CODE 1420B V7

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NOW®

Chromium Picolinate

200 mcg

Insulin Co-Factor*

Supports Healthy Glucose Metabolism*

100 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Non-GMO

K

Minerals

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Chromium (from Chromium Picolinate)	200 mcg	571%

Other ingredients: Rice Flour and Hypromellose (cellulose capsule).

Manufactured & Quality Tested by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

QUALITY GMP ASSURED