

Suggested Usage: Take 1 capsule daily with a meal.

Chromium is an essential trace mineral that is known to enhance the actions of insulin, a peptide that is critical to the metabolism and storage of carbohydrate, fat and protein in the body.* Adequate intake of chromium is necessary for maintaining healthy glucose metabolism.* Independent studies show that ChromeMate® has a greater biological activity than other chromium supplements tested.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Diabetics: Use only under a physician's supervision.

Natural color variation may occur in this product.

CODE 1417B V8



CAPSULE SIZE



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Niacin	1.2 mg	8%
Chromium (as Chromium Polynicotinate) (ChromeMate®)	200 mcg	571%

Other ingredients: Rice Flour and Hypromellose (cellulose capsule).

Manufactured & Quality Tested by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
nowfoods.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

ChromeMate® is a registered trademark of InterHealth Nutraceuticals Inc.

Store in a cool, dry place after opening.

