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Rev. 7

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CERTIFIED

MASON natural[®]

EST. 1967

MASON NATAL PRENATAL FORMULATION

MAY SUPPORT

THE BABY'S HEALTHY GROWTH AND DEVELOPMENT*



100 TABLETS • DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

| Amount Per Servings% | Daily Value for pregnant and lactating women** | |
|---|---|------|
| Vitamin A (as 100% beta carotene) 600 mcg RAE [†] (4,000 IU) | 50% | |
| Vitamin C (as ascorbic Acid) | 120 mg | 100% |
| Vitamin D3 (as cholecalciferol) | 10 mcg (400 IU) | 70% |
| Vitamin E (as di-alpha tocopheryl acetate) | 13.5 mg (30 IU) | 70% |
| Vitamin B1 (as thiamine mononitrate) | 1.8 mg | 130% |
| Vitamin B2 (riboflavin) | 1.7 mg | 110% |
| Niacin (as niacinamide) | 20 mg NE [#] | 110% |
| Vitamin B6 (as pyridoxine hydrochloride) | 2.6 mg | 130% |
| Folate | 1,333 mcg DFE [†] (800 mcg folic acid) | 220% |
| Vitamin B12 (as cyanocobalamin) | 8 mcg | 290% |
| Calcium (as calcium carbonate) | 244 mg | 20% |
| Iron (as ferrous fumarate) | 28 mg | 100% |
| Zinc (as zinc oxide) | 25 mg | 190% |

OTHER INGREDIENTS: Microcrystalline cellulose, croscarmellose sodium, stearic acid, hydroxypropyl methylcellulose, vegetable magnesium stearate, silicon dioxide, glyceryl triacetate, titanium dioxide, FD&C Red #40, FD&C Yellow #6, tocopherols, maltodextrin, alginate, gum acacia, pea starch.

[†]DFE - Dietary Folate Equivalents [†]RAE - Retinol Activity Equivalents

[#]NE - Niacin Equivalents

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

GUARANTEED NO ADDED: Sugar, Yeast, Soy, Wheat, Dairy, Gluten, Fish, Tree Nuts, Peanuts, Egg, Fragrance, Artificial Flavors, Preservatives, Animal Products, Crustacean Shellfish. Sodium Free.

DIRECTIONS: Adults - Take one tablet daily, preferably with food, as a dietary supplement.

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately. Poison Control Center 1-800-222-1222

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered.

Store in a dry place under controlled room temperature: 20° - 25°C (68°-77°F).



GLUTEN FREE



SOY FREE

Manufactured in the USA for:
MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-860-5376 • www.MasonVitamins.com

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