

Suggested Usage: Take 1 softgel daily.

Milk thistle (*Silybum marianum*) has been used by traditional herbalists for centuries. Clinical and non-clinical studies have indicated that milk thistle extract may help maintain healthy liver function through its ability to promote glutathione production, as well as by supporting the body's normal detoxification processes.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

SOFTGEL SIZE

NOW® Extra Strength Silymarin has three times the milk thistle extract (450 mg per softgel) as in our regular strength product (150 mg per capsule).

CODE 4785 V4



7 33739 04785 4



Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5 g	< 1%**
Milk Thistle Extract (<i>Silybum marianum</i>) (Fruit/Seeds) (Standardized to 360 mg Silymarin Flavonoids - equivalent 80%)	450 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, organic caramel color], Organic Sunflower Oil, Sunflower Lecithin and Silicon Dioxide.

Manufactured & Quality Tested by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

