

DIRECTIONS: For kids ages 4 to 12 years old, chew one gummy per day. For 13 years and older, chew up to four gummies daily.

FOR BEST RESULTS: Ages 13 and above, divide your daily amount of *Natural Vitality's Calm Gummies* into multiple servings, taken with or without food. During times of stress or heavy physical activity your body may need more magnesium. A good gauge of the optimal amount is when bowels are comfortably loose.

NOTE: Not recommended for children under four, due to choking hazard. For pregnant or lactating women, or if you have kidney problems, an obstructed bowel or are currently on medication, consult with your doctor.

Multi-award-winning *Natural Vitality's Calm*, developed by Peter Gillham, is the best-selling magnesium supplement in the natural products market, according to supermarket scanner reports. (SPINS 2017)

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Keep out of reach of children.

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The Anti-Stress Gummies™

NATURAL VITALITY CALM

A MAGNESIUM SUPPLEMENT

GUMMIES



Raspberry-Lemon Flavor
with other natural flavors

120 Gummies (300 g)

Supplement Facts

Serving Size: 1 Gummy for Children Ages 4 through 12
4 Gummies for Ages 13 and Above
Servings Per Container: 120; 30

	Amount Per 1 Gummy	% Daily Value	Amount Per 4 Gummies	% Daily Value
Calories	7		28	
Total Carbohydrate	2 g	<1% **	8 g	3% **
Dietary Fiber	0 g	0% **	1 g	4% **
Total Sugars	<1 g	†	3 g	†
Includes Added Sugars	<1 g	<2% **	3 g	6% **
Magnesium (as magnesium citrate)	83 mg	20%	330 mg	79%

**Percent Daily Values are based on a 2,000-calorie diet.
†Daily Value not established.

Other ingredients: Water, organic cane sugar, organic tapioca syrup, inulin, vegetable glycerin, agar, locust bean gum, natural flavors, citric acid, organic black carrot (color).

Manufactured by Nature's Products, Inc.
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Contains no artificial color or flavor.



VEGAN



GLUTEN-FREE

Bottle made with 100% post-consumer recycled plastic.
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