

644-60A
Rev. 3



★★★★★
CERTIFIED



MASON  **natural**
EST. 1967

ULTRA B-100 COMPLEX

MAY SUPPORT

**HEART AND
NERVOUS SYSTEM HEALTH***

60 TABLETS • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B1 (as thiamine hydrochloride)	100 mg	8,330%
Vitamin B2 (as riboflavin)	100 mg	7,690%
Niacin (as niacinamide)	100 mg NE [†]	630%
Vitamin B6 (as pyridoxine hydrochloride)	100 mg	5,880%
Folate 667 mcg DFE [†] (400 mcg folic acid)		170%
Vitamin B12 (as cyanocobalamin)	100 mcg	4,170%
Biotin	100 mcg	330%
Pantothenic Acid (as calcium pantothenate)	100 mg	2,000%
Choline (as choline bitartrate)	100 mcg	<1%
Calcium (as dicalcium phosphate)	77 mg	6%
Inositol	100 mcg	**
Para-Aminobenzoic acid (PABA)	100 mcg	**
Natural Foodbase	100 mg	**
Alfalfa Powder (Medicago sativa), Watercress 10:1 Extract (Nasturtium officinale), Parsley 4:1 Extract (Petroselinum crispum), Lecithin.		

**Daily Value not established.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

OTHER INGREDIENTS: Microcrystalline cellulose, croscarmellose sodium, stearic acid, vegetable magnesium stearate, pharmaceutical glaze, silicon dioxide, calcium carbonate, maltodextrin used as processing aid.
[†]DFE - Dietary Folate Equivalents [†]NE - Niacin Equivalents
Natural color variation may occur in this product.

GUARANTEED NO ADDED: Sugar, Yeast, Wheat, Dairy, Gluten, Fish, Tree Nuts, Peanuts, Egg, Fragrance, Artificial Colors or Flavors, Preservatives, Animal Products, Crustacean Shellfish. Sodium Free.

ALLERGEN CERTIFICATION - This product contains soy.

DIRECTIONS: Adults - Take one tablet daily, preferably with food, as a dietary supplement.

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Discontinue use and consult your physician if any adverse reactions occur. Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered.

Store in a dry place under controlled room temperature: 20° - 25°C (68° - 77°F).

Manufactured in the USA for:
MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-860-5376 • www.MasonVitamins.com

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LOT/EXP. DATE