

Suggested Use for children 4-12 years:

Start out with a half teaspoon of Natural Vitality CALM™ for Kids powder, gradually increasing to one rounded teaspoon.

Directions:

Start by placing the desired amount of powder into a cup or mug, add 2-3 ounces of warm water and let your drink fizz. Stir the drink until the powder is completely dissolved, then fill the remainder of the cup with warm or cold water.

Consult your doctor before giving to children under four, children with kidney or bowel problems or currently on medication.

Experience CALM:

You may notice an overarching sense of calmfulness.*

Multi-award-winning Natural Vitality CALM™, developed by Peter Gillham, is the best-selling magnesium supplement in the natural products market. (April 2019 Volume sales data for Natural Products market as defined by SPINS)

Why Natural Vitality CALM™ for Kids?

Studies show that almost half the population does not get enough magnesium from food. This could be even higher among kids since it can be a challenge to get your kids to eat a balanced diet.

Natural Vitality CALM™ for Kids features our award-winning magnesium supplement in addition to a unique blend of amino acids and choline to support your child's development. We've also sweetened our formula with organic stevia and flavors kids will love, guaranteeing an easy way to supplement your kids with the vitamins and minerals to feel calmfulness and to support healthy brain development.*

Suntheanine® is a registered trademark of Taiyo International, Inc.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

The Kids Anti-Stress Drink Mix*

NATURAL VITALITY CALM™ A MAGNESIUM SUPPLEMENT



Supplement Facts

Serving Size: 1 teaspoon (3.6 g)

	Amount per Serving	% DV
Vitamin C (as ascorbic acid)	30 mg	33%
Vitamin D (as cholecalciferol)	3 mcg	15%
Vitamin B ₆ (as pyridoxal-5-phosphate)	7.5 mg	441%
Vitamin B ₁₂ (as methylcobalamin)	5 mcg	208%
Choline (as choline bitartrate)	100 mcg	18%
Magnesium (as magnesium carbonate, magnesium glycinate)	175 mg	42%
L-theanine ^a	50 mg	†

†Daily Value (DV) not established.

Other ingredients: Citric acid, organic natural flavor, organic beet (root) powder (for color), organic stevia (leaf) extract.

Manufactured by Nature's Products, Inc.
for Nutranext Business, LLC
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1-866-416-9216 • www.naturalvitality.com

^aSuntheanine®

Contains no sugar, fructose, or artificial color.



Keep out of reach of children. Amount of product in bottle is based on weight. Some settling may occur.

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