

Suggested Use:

Take 2 Capsules Daily

Consult your doctor before giving to children under four, if you are pregnant or lactating, if you have kidney problems or an obstructed bowel, or if you are currently on medication.

Experience CALM:

You may notice muscles relaxing and an overarching sense of calmfulness.*

Multi-award-winning Natural Vitality CALM, developed by Peter Gillham, is the best-selling magnesium supplement in the natural products market. This proprietary formula contains highly absorbable, water-soluble magnesium in glycinate form, so it's ready to work right away.

Why magnesium?

We all encounter stress daily whether we realize it or not, and our bodies can respond by depleting our magnesium levels. Natural Vitality helps replenish the body's magnesium levels.

Enjoy the wave of calmfulness provided by these highly absorbable and easier-on-the-stomach magnesium glycinate vegetarian capsules. Also formulated with Lavender and Lemon Balm, ingredients traditionally used for a relaxing effect.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The Anti-Stress Capsule*

NATURAL VITALITY CALM™

MAGNESIUM GLYCINATE CAPSULES



Made with
Lavender & Lemon Balm



120 Vegetarian Capsules Dietary Supplement

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

	Amount Per Serving	% DV
Vitamin B6 (as pyridoxal-5-phosphate)	1.7 mg	100%
Magnesium (as magnesium glycinate)	400 mg	95%
Lemon balm (leaf) extract	200 mg	†
English lavender (flower) essential oil	6 mg	†

† Daily Value (% DV) not established.

Other ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, silica, and magnesium stearate

Manufactured by Nature's Products, Inc.
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WARNING: KEEP OUT OF REACH OF CHILDREN

LB-NV4177-120

