

Functional deficiencies of the essential nutrient folate (folic acid) are common, and can impair key life processes including gene-level regulation, cell growth patterns and tissue repair, from before birth through old age. **Best Fully Active Folate** provides MTHF (5-methyltetrahydrofolate), the folate form most directly required for DNA regulation and other fundamental metabolic processes. Vitamin C is included for added stability.

**Identical to the body's most highly active folate form\***

**Helps correct inherited and lifestyle-related folate deficiencies\***

**Supports healthy mood, memory, circulation and well-being\***

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**

San Clemente, CA 92673

(800) 777-2474 [www.drbrvitamins.com](http://www.drbrvitamins.com)

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**Best  
Fully  
Active Folate**

featuring

 **Quatrefolic®** *Vegan™*

**400 mcg/ 90 Veggie Caps**

## Supplement Facts

Serving Size 1 capsule

Servings per container 90 servings

Amount per serving % Daily Value

Vitamin C (as ascorbic acid) 40 mg 67%

(6S)-5-MethylTetraHydroFolate (MTHF) 400 mcg 100%  
(elemental, as 800 mcg (6S)-5-Methyltetrahydrofolic acid, glucosamine salt (vegetarian source))

**Other Ingredients:** Modified cellulose (vegetarian capsule), cellulose.

**Suggested Adult Use:** Take 1 capsule daily, preferably between meals.

**Suitable for all women pregnant or of childbearing age**

**CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS**

Quatrefolic® is a registered trademark of Gnosis SPA

<sup>1</sup>A nutrient naturally built into the body's chemistry



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