

Functional deficiencies of the essential nutrient folate (folic acid) are common, and can impair key life processes including gene-level regulation, cell growth patterns and tissue repair, from before birth through old age. **Best Fully Active Folate** provides MTHF (5-methyltetrahydrofolate), the folate form most directly required for DNA regulation and other fundamental metabolic processes. Vitamin C is included for added stability.

Identical to the body's most highly active folate form*

Helps correct inherited and lifestyle-related folate deficiencies*

Supports healthy mood, memory, circulation and well-being*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**

San Clemente, CA 92673

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Doctor's BEST®

ORTHO¹
Science-Based
Nutrition™

Dietary
Supplement

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Best
Fully Active Folate
featuring

 **Quatrefolic®** 

400 mcg/90 Veggie Caps

Supplement Facts

Serving Size 1 capsule
Servings per container 90 servings

	Amount per serving	% Daily Value
Vitamin C (as ascorbic acid)	40 mg	67%
(6S)-5-MethylTetraHydroFolate (MTHF) (elemental, as 800 mcg (6S)-5-Methyltetrahydrofolic acid, glucosamine salt (vegetarian source))	400 mcg	100%

Other Ingredients: Modified cellulose (vegetarian capsule), cellulose.

Suggested Adult Use: Take 1 capsule daily, preferably between meals.

Suitable for all women pregnant or of childbearing age

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS
Quatrefolic® is a registered trademark of Gnosis SPA

¹A nutrient naturally built into the body's chemistry



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