

576-100A

Rev. 4



★★★★★
CERTIFIED



MASON  natural[®]
EST. 1967

B-12
500 MCG

MAY SUPPORT

**CONVERSION OF FOOD
INTO ENERGY***

100 TABLETS • DIETARY SUPPLEMENT

DIRECTIONS: Adults - Take one tablet daily, preferably with food, as a dietary supplement.

Supplement Facts

Serving Size 1 Tablet

| | Amount Per Serving | % Daily Value |
|-------------------------------------|--------------------|---------------|
| Vitamin B12 (as cyanocobalamin) | 500 mcg | 20,830% |
| Calcium (as dicalcium phosphate) | 65 mg | 6% |

OTHER INGREDIENTS: Microcrystalline cellulose, croscarmellose sodium, stearic acid, vegetable magnesium stearate, carmine.

GUARANTEED NO ADDED: Sugar, Starch, Yeast, Soy, Corn, Wheat, Dairy, Gluten, Fish, Tree Nuts, Peanuts, Egg, Fragrance, Artificial Flavors, Preservatives, Animal Products, Crustacean Shellfish. Sodium Free.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered.



GLUTEN FREE



SOY FREE

Store in a dry place under controlled room temperature: 20° - 25°C (68° - 77°F).

Manufactured in the USA for:
MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-860-5376 • www.MasonVitamins.com

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LOT/EXP. DATE

