

574-100
Rev. 8



★★★★
CERTIFIED



MASON  natural[®]
EST. 1967

B-12
100 MCG

MAY SUPPORT
CONVERSION OF FOOD
INTO ENERGY*

100 TABLETS • DIETARY SUPPLEMENT

DIRECTIONS: Adults - Take one tablet daily, preferably with food, as a dietary supplement.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-12 (as cyanocobalamin)	100 mcg	4,170%
Calcium (as dicalcium phosphate)	79 mg	6%

OTHER INGREDIENTS: Microcrystalline cellulose, croscarmellose sodium, stearic acid, vegetable magnesium stearate, carmine.
Natural color variation may occur in this product.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

GUARANTEED NO ADDED: Sugar, Starch, Yeast, Soy, Corn, Wheat, Dairy, Gluten, Fish, Tree Nuts, Peanuts, Egg, Fragrance, Artificial Flavors, Preservatives, Animal Products, Crustacean Shellfish. Sodium Free.

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered.

Store in a dry place under controlled room temperature: 20°- 25°C (68°-77°F).



GLUTEN FREE



SOY FREE

Manufactured in the USA for:

MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-860-5376 • www.MasonVitamins.com

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LOT/EXP. DATE