

Best Fully Active B12 provides Methyl-Cobalamin, the most biochemically active form of vitamin B12. Various inherited and lifestyle factors contribute to vitamin B12 deficiencies that impair such fundamental life processes as recycling of homocysteine, a potentially toxic metabolite; nerve cell signaling; mood and memory management; and healthy gene regulation (epigenetics), from pregnancy through old age. **Best Fully Active B12** is vitamin B12 at its best.

Ortho molecule identical to the body's fully active vitamin B12*¹

Helps correct inherited and lifestyle-related B12 deficiencies*

Supports healthy memory, mood, circulation and well-being*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

¹A nutrient naturally built into the body's chemistry

Doctor's BEST[®]

**ORTHO¹
Science-Based
Nutrition™**

**Dietary
Supplement**

Best Fully Active B12

(MethylCobalamin) **Vegan**

1500 mcg / 60 Veggie Caps

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Supplement Facts

Serving Size 1 capsule

Servings per container 60 servings

Amount per serving % Daily Value**

MethylCobalamin Vitamin B12	1500 mcg	25,000%
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** % Daily Value based on a 2,000 calorie diet.

Other Ingredients: Cellulose, modified cellulose (vegetarian capsule).

Suggested Adult Use: Take 1 capsule once daily with a meal. Higher intakes may be useful, as recommended by a nutritionally-informed physician.

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS

Manufactured for **Doctor's Best, Inc.**

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